The Wind of the Universe

–Do We Humans Truly End with Death? –

Kayo Shiokawa

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Ms. Shiokawa was born in Osaka , Japan in March 1959. In March 1991, she became a certified tax accountant and engaged in tax-related business. In 2015, she quit her job as a certified tax accountant and continued her seminar activities following the legacy of Mr. Taike.

Books : Arigatou, Ishiki No Tenkai, Ishiki No Nagare, Zoku Ishiki No Nagare and other books

English books : The Turn Of Consciousness, Arigato Thank You, Love, You are Love,The Truth Of Love And Death, The Flow of Consciousness, The Flow of Consciousness Part II and other books

Table of Contents

The Wind of the Universe

–Do We Humans Truly End with Death? –

Beginning *5*

Living and Dying *11*

Who Are We —Truly, What Are We? *17*

Does Earth Humanity Truly Have a Rosy Future? *21*

Where Is the Universe!? *25*

The Universe Is Speaking Within You *31*

One of the Energies That Has Ruled the Universe: Amaterasu *55*

We Longed to Return to That Universe *77*

Beloved Earth *105*

The Collapse Is Already Before Us *111*

Prayer Does Not Lead to True Peace *117*

Let Us Set Our Sights on Existing 250 and 300 Years Ahead *125*

Let Those Who Awaken in Their Hearts Begin *145*

Afterword — *What I Wish to Convey Through The Wind of the Universe* — *155*

Summary of Beginning

The preface invites readers to reflect on what the "Wind of the Universe" truly is—a warm, motherlike vibration that awakens the real self beyond the physical body. Drawing on over twenty years of learning from Tomekichi Taike, the author shares a lived understanding that human beings are consciousness and vibration (energy), not merely form. By listening quietly to the Flow of Consciousness within, readers are encouraged to rediscover true joy, warmth, and a renewed view of life and death.

Beginning

First, I ask that you read The Flow of Consciousness—Revised and Expanded Edition with care.

Read it slowly, and while doing so, hold in your heart a quiet question: What is the wind of the universe?

Then, with that question alive within you, please pick up this book.

Before long, the wind of the universe will begin to sweep through your heart.

It will stir within you and call forth your true self.

"Please meet not the person you now believe yourself to be, but the one who is truly you.

The time given to you is not meant solely for the self you think you are."

The wind that awakens such a message within your heart—that is the wind of the universe.

The wind of the universe is vibration. Warm, deeply warm vibration.

It is the vibration that awakens the warmth of the Mother.

Please allow yourself to feel it with your heart.

I was born on March 9, 1959, an ordinary Japanese woman.

In April of 1993, I was given the chance to join the

seminars conducted by Tomekichi Taike. Since then, I devoted myself entirely to the practice he conveyed through those gatherings—*"Look within your own heart."*

Mr. Taike left this physical world in December 2015. He spoke to us with passion, again and again, that learning is life itself. True to his words, he wholeheartedly conveyed the world of truth to all who came to the seminars.

The fact that I was allowed to learn the world of true vibration with Mr. Taike, and together with him, is an unshakeable reality within me. That reality gave me unwavering conviction.

The more than twenty years I was able to learn under him and with him—those years are truly irreplaceable. They are my treasure. That is why I never allow his intention to be wasted. The only thing I must do is to nurture within myself the world of vibration he conveyed. I always return to that point and confirm my path.

Over those more than twenty years of participating in the seminars, there are things I have learned and felt directly with my heart.

From here, I would like to speak about what I have learned and felt within.

However, in today's world—where the physical self (the worldview that what we see, hear, and touch is absolute reality) has become the unquestioned standard—the contents of this book may still be difficult to grasp.

No, in most cases they may simply be dismissed: too difficult, impossible to understand, unbelievable, or lacking proof. That is the likely response.

Even so, I will continue to speak. I will continue to convey this.

Because I feel it clearly within my own heart:

"I am not the physical form.

I am energy—energy of joy.

I exist here now, holding countless aspects of myself.

I do not cling to this single physical form.

I am not this small physical body."

Though Mr. Taike left this world in December 2015, what he continued to teach throughout more than thirty years of seminars was this message:

"The true form of human beings cannot be seen. We are consciousness—vibration, energy."

And he asked each of us to understand this message within our own hearts.

Because he himself continues to prove this truth, even without a physical body, we are still able to study together with him in the seminar space. That is what it means to learn vibration.

By feeling vibration within our own hearts, recognizing through that vibration the mistakes we ourselves hold, and leading ourselves into the joy of awakening—this is the seminar I now conduct together with the consciousness of Tomekichi Taike.

From the world that lives by the physical self—the world that believes only what can be seen, heard, and touched—one can never understand the true world. Within that world, neither true joy nor true happiness can ever be known.

Why? Because human beings are not the physical body.

This simple truth has become utterly incomprehensible to us humans.

We will, without exception, be forced to face this reality.

Through this book, I will tell you that the joy and happiness of the physical self will one day collapse entirely, down to the root.

The one who appeared in this lifetime as the physical form named Tomekichi Taike conveyed the great stream called the flow of consciousness.

What is this flow conveying to you?

Please make your heart genuinely sensitive and listen—listen with your heart, feel with your heart.

Then your view of life will change.

Your thoughts on how to live and how to die will change.

True joy and true happiness will begin to resonate within your heart.

Please become one of those who bear witness to this.

Walk this path with us.

Because I feel the *"me"* that exists in the vast, vast world, I continue to speak.

I will speak on and on, without end.

I will continue to tell you that the world of limitless joy and warmth is our true world.

I will continue to tell you that this awakening is the true awakening.

And in time, this awakening will arise within the hearts of all people.

So please—listen now.

Listen to our message within your own heart.

Summary of "Living and Dying"

This chapter invites readers to reconsider the true meaning of life and death. The author questions the common belief that life exists only while the physical body functions and ends with death, pointing instead to the contradiction of treating the body as the person even after it has lost life. She emphasizes that human beings are not the physical body but consciousness and vibration (energy), which do not perish with form. By awakening to this understanding, readers are encouraged to release fear and confusion around life and death and to encounter their true self beyond the body.

Living and Dying

Are you weary of living?

Or are you striving toward a goal, toward a dream, with all your effort?

Whether you live by inertia or live with vibrancy, the fact does not change: you exist here now.

Your heart is certainly beating at this very moment.

Because of that, everyone believes they are alive.

The opposite of living is dying.

But what, truly, is the difference between living and dying?

Is there really a great distinction between the two?

Do you believe that the time of your life is cut off the moment you die?

Certainly, the span of time attached to the name "＊＊＊＊" will come to an end when you die.

All the functions of your body will stop at that moment, and if the body is left as it is, it will eventually decay.

Of course, in today's society we do not simply leave the body; it is cremated, leaving behind only bones and ashes.

But are those bones and ashes truly you?

Most people think so.

That is why they scatter ashes in the mountains or the sea, why they fight over bones, why they enshrine them as if they

were something sacred.

Yet, isn't it strange—almost absurd—to call out to someone who has become nothing but bones and ash, asking them to watch over us from heaven?

Some may say, *"Even though the body is gone, that person lives on in our hearts."*

If that is so, then why do we place our hands together before the family altar? Why do we visit graves?

If the one who has died lives within our hearts, then what purpose does the altar serve?

Who is it that sleeps in the grave?

When you follow these questions, do you not sense a contradiction?

Something that does not quite add up?

Or do you feel nothing strange about it?

Have you ever wondered:

Perhaps there is not such a great difference between living and dying.

Perhaps life and death differ only in the visible form—whether there is a physical body or not—and whether alive or dead, we remain here, existing.

Why are humans born, and why do they die?

It is a simple question, yet a profound one.

What does it mean to be born?

What does it mean to die?

Because these two points are not understood clearly, the

world has become one where utterly foolish and mistaken ideas freely circulate:

"Once you die, it's all over,"

"You only live once,"

"They were called to heaven,"

"They are watching over us happily in the next world,"

and so on.

I feel that the true form of human beings is not the physical body—this visible shape—but something unseen: energy.

When we die, the physical form disappears, but the energy does not vanish.

In other words, we do not come to an end when the body dies.

Therefore, I do not believe that my time is cut off by death.

From this understanding, I realize how truly important it is to look squarely at the present moment in which we live with the physical form—the moment we call "being alive."

Yet now, whether people are healthy or not, most believe that death is the end.

Those who are healthy may think life is a one-time chance, and so they exert themselves to live.

Or they may live for the moment, driven by a sense of futility.

Those who are not healthy may also believe that death is the end, and think that dying will free them from their present suffering—leading them to choose death themselves.

Even if they do not go that far, they may live in despair, forced into a life of emotional collapse or reckless abandonment.

To those who are healthy and to those who are not, I wish to speak simply and plainly.

I want to convey how foolish, how pitiful it is to believe that the single visible body you see is truly yourself—and that all human suffering originates from this mistaken belief.

I want to speak honestly from the thoughts that rise within my heart:

"People, awaken to your true form.
Meet the one who is truly you."

Summary of
"Who Are We —Truly, What Are We?"

In this chapter, the author explains that human beings are not a single visible self but contain countless inner selves that express themselves as thoughts, impulses, and emotions. Many incomprehensible actions in society arise from unrecognized inner energies, including darkness that exists within everyone. Human suffering, she argues, stems from ignorance of this inner reality and an overreliance on the physical world as the only truth. Yet the path to awakening remains open, shown by one who embodied truth and conveyed its vibrations through lived experience. By learning to look into the heart, readers are invited to sense these inner energies with clarity, warmth, and compassion.

Who Are We —Truly, What Are We

I hold many versions of myself within me.

And the same is true for you.

You are not only the visible form you see in the mirror.

Countless selves are alive within you.

In truth, you live each day while hearing the voices of those countless selves, while feeling their thoughts.

It is only that those voices and thoughts have not yet reached clearly into the heart that believes, *"I am only the me of this moment."*

No—though it may seem they have not reached you, they actually have.

This is why, in recent times, incomprehensible incidents continue to occur.

When such events happen and the perpetrator is questioned—Why did you do this?—even that person cannot explain the true reason. That is the reality.

They are merely moved by the unseen self within, carried along by that energy, and acting through the physical body.

Then what, exactly, is the force that drives the body?

There is undeniably an energy at work.

To come to know that energy—this is what is most

important.

Yet neither the individuals involved nor those around them pay the slightest attention to this.

Why?

Because no one knows their true form.

Because no one has the habit of looking within their own heart.

People search for causes in upbringing, environment, personality, or social structures, but that alone is completely insufficient.

What is lacking is the recognition that without exception, every human being carries within themselves a black energy that can erupt when conditions align.

Without this understanding, heinous crimes will never disappear.

On the contrary, the atmosphere of the world will only become more and more chaotic.

Having lost sight of our true form, we humans simply cry out in agony—

suffering, suffering, as voices of hell burst forth in every direction.

Once those cries erupt, nothing can stop them; they run out of control.

Those cries need only be heard and accepted.

But no one knows how to accept them.

No one has such gentleness.

This is the sad reality of us humans, who have long called ourselves *"the most evolved of all living beings."*

We must awaken to this as soon as possible.

Each of us must come to recognize within our own hearts what kind of existence we truly are.

When, and under what circumstances, will we notice the energy within us that manipulates us?

For humans who continue to believe that the world of form is the true reality, this is extraordinarily difficult and severe.

Difficult and severe, yes—but not impossible.

This is because a consciousness from a world that has no need for the physical form chose deliberately to take on a body and, over the course of more than thirty years, conveyed the vibration of truth.

For consciousness existing in this three-dimensional world, this was nothing short of a shock.

In the entire history of humankind, no one had ever conveyed the real truth.

No one had ever come to truly understand it within the heart.

"Look within your heart."

In these six simple characters lies a depth of warmth and kindness that cannot be measured.

The more deeply you feel the fierce energy within yourself, the more these words will permeate your being.

Summary of
"Does Earth Humanity Truly Have a Rosy Future ?"

This chapter reflects on the growing disasters and turmoil in the world as signs that humanity has long followed a mistaken path. The author challenges the belief in a single, one-time existence and explains that the collapse of the visible world is not punishment but the working of a deeper, joyful energy beyond physical values. While no bright future exists from the standpoint of form, awakening to this underlying vibration (energy) reveals a future filled with hope. These upheavals signal a 180-degree shift in humanity's direction and open the way to understanding the "wind of the universe" that guides this transformation.

Does Earth Humanity Truly Have a Rosy Future ??

Through television, newspapers, magazines, and the internet, you see what is happening in Japan and around the world.

Every single day, problems of every kind erupt in various places—you know this well.

Why is it that, one after another, incidents and accidents arise—many of them in recent years so unimaginable that we are left stunned?

You may have already noticed that the scale of natural disasters and human-caused disasters has been increasing year by year.

These disasters clearly indicate that humanity has been walking a mistaken path.

And the fact that their scale continues to expand is a sign that we are failing—repeatedly failing—to awaken to that truth.

Of course, people everywhere are desperately trying to deal with these issues.

But ultimately, it is nothing more than struggling blindly in ignorance, leading to gradual decline.

That is the path Earth humanity is destined to follow.

As I have already said, a world where *"you only live once"* is taken as common sense is itself deeply strange.

We must awaken to this—urgently, without delay.

Now, I have spoken repeatedly of energy.

Naturally, energy cannot be seen with our physical eyes.

Yet in reality, there is a way to verify its existence.

This is what I learned in the seminars led by Tomekichi Taike.

I do not explain the details in this book.

As I wrote at the beginning, please first read The Flow of Consciousness—Revised and Expanded Edition carefully.

It is my sincere hope, my request, that you do so before reading this book.

But of course, if you begin here, that is also perfectly fine.

To those who read with doubt in their hearts, I say this:

You may read this book skeptically.

You may skim it and dismiss the contents as nonsense or unbelievable—it does not matter.

But please remember only this one point:

The visible world—the world of forms that you see and hear—will, from here on, begin to collapse completely.

The ways in which it collapses will vary.

You may witness it through news reports, or you may see tragic scenes unfold before your very eyes.

But no matter how devastating the reality appears, remember also this:

The energy at work within those events is joy.

It is the energy of joy that brings about the collapse of the world of form.

It is never divine punishment or the wrath of a god.

Earlier I asked whether Earth humanity has a rosy future.

From the standpoint of form alone, the answer is no.

Because everything that has form will be uprooted and crumble away.

If you see only that, then indeed, the future is not rosy.

But if you come to realize that the energy at work is joy, then within your heart you will understand:

The future of Earth humanity is rosy.

To awaken to this, we must now pass through a time of great upheaval.

We will move forward through events of such magnitude that they will far exceed our imagination—great upheavals of heaven and earth.

Humanity will begin to turn around by 180 degrees.

We will proceed in that direction.

And the one that will guide the hearts of humanity toward this transformation—that is the existence we call **the universe.**

Now, finally, the time has come.

From here, I will begin to speak in earnest about the *"universe"* that appears in the title The Wind of the Universe—

the universe as I feel it within my heart.

Summary of "Where Is the Universe?!"

In this chapter, the author invites readers to reconsider the meaning of the universe, setting aside the familiar image of distant stars and galaxies. The universe she speaks of is not external but an invisible world of vibration felt within the heart. Because human beings themselves are vibration (energy), each person is, in essence, the universe. Through inward-looking meditation, awareness expands beyond the single physical body, and the heart is sensed as something vast and far-reaching. This awakening reflects a deep longing to return to one's true nature, as the universe within gradually stirs and begins to reveal itself.

Where Is the Universe?!

When you hear the word "universe," what do you imagine?

For all of us living on Earth, the most familiar celestial bodies are the sun and the moon.

First, just as we cannot live without water and air, we cannot live without the sun's light and heat.

We bow to the sun when we see it and cherish the rising sun as a sacred blessing.

And when it comes to the moon, we have myths—the rabbit pounding rice cakes, Princess Kaguya, and so on.

Earth is a planet in the solar system, and the moon is Earth's satellite.

The celestial spectacle of the sun, Earth, and moon is always broadcast.

The solar system is one nebula within the Milky Way galaxy, and it is said that countless galaxies exist throughout the universe.

Humanity has long held dreams and romantic visions about the sun, the moon, the stars—what we generally call the universe.

And today, these dreams have progressed beyond mere imagination.

Humans conduct experiments and research in outer space, applying the results to our lives and industries on Earth.

Observations of Earth and celestial bodies continue to advance with increasingly sophisticated technology.

News of objects hundreds of millions of light-years away reaches us.

In Japan too, the successes and failures of asteroid probes remain fresh in our memory.

Indeed, the vast expanse of space stretching far beyond our sight remains wrapped in mystery.

There is something within it that stirs dreams and wonder in the human heart.

The universe has no end—it is infinite.

Up to this point, everything I have said is conventional.

For now, please set aside this familiar notion of *"the universe"* or *"outer space."*

This is because the word that most accurately expresses the world I feel in my heart happens to be "universe" or "cosmic space."

The same word, yes—but its meaning here is quite different from the generally understood universe.

This is the first thing I would like you to know.

The universe I feel in my heart—this universe, this cosmic space—cannot be seen with the eyes, because it is something felt with the heart.

Unseen, yes, but it truly exists as vibration.

It exists as energy.

So please understand the universe as energy.

Earlier, I wrote that I am not the small physical form of flesh, but energy.

Yes—I am the energy called the universe.

And that same universal energy exists within you as well.

In other words, you too are, in truth, the universe.

Has it become confusing?

You may think this sounds incomprehensible, but please stay with me a little longer.

You believe the one physical body you have now is yourself.

But I write this book because I wish you to come to know, within your own heart, that this is not so.

If you look within your heart and continue practicing correct meditation, you will come to understand that you are not confined to this small physical body.

More than that—you will feel in your heart the exhilaration of setting yourself free, more and more.

When that begins to happen, you will also come to realize that even the word *"heart,"* as you have understood it, was interpreted far too narrowly.

And then, quite naturally, you will feel: the universe is endless—the universe is infinite.

When you begin to sense within your heart that such a universe is your very self, the way you see the world around you will surely begin to change.

The everyday scenery you always look upon will appear somehow different—felt differently.

This may be a sign that the wind of the universe has begun, ever so softly, to stir within you.

And eventually, within you, something—something you cannot yet name—will begin to move, begin to change.

You may interpret this as touching a version of yourself so distant that your present self cannot even imagine it.

Yes—the universe truly exists within you.

That is the call I am making to you now.

Perhaps humanity's longing for the universe—its eternal dream and romance—is actually the voice of humanity itself beginning to awaken from a deep, deep sleep.

No—in the time to come, we will pass through that very process.

The universal energy within you will, through your physical form, awaken you to your true self.

Of course, this will not be easy.

To learn, through your physical body, the immense energy you have cultivated and accumulated—naturally, your journey, your incarnation, will be a powerful and intense one.

Even catching a glimpse of its beginning may be enough to bring your present life to its close.

Summary of
"The Universe Is Speaking Within You"

In this chapter, the author explains that the universe is not external but a field of vibration speaking from within each person. Human beings themselves are vibration (energy), containing countless inner universes, though most remain focused only on the visible world. Awakening to this inner reality requires proper study, practice, and inward-looking meditation that turns attention away from form and toward the heart. By listening to the universe within, readers are guided to understand an approaching dimensional shift and to recognize that outer change reflects inner awakening. As the inner world becomes whole, life can be lived with quiet steadiness and a joy that naturally arises from within.

The Universe Is Speaking Within You

I have said that the universe is a world of vibration, and that it is energy.

And I have also said that this universal energy is your very self.

In truth, countless universes are speaking within you.

So please consider this:

Throughout all your existence, you have been creating countless universes.

Carrying all the worlds you have continued to create, you now exist in this one physical body.

Imagine that this—this immense collection of universes—is actually who you are.

To hold countless universes means to hold countless energies within you.

You are, in a very real sense, energy itself.

And although the universe is said to be infinite, you too are an existence that expands infinitely.

At present, you may find this impossible to imagine because you are still bound to the visible world of form.

But you can truly come to know, within your heart, the existence of these unseen universes.

Will you not speak with the universes within you?

These universes within you are, as I have already said, none other than yourself.

However, in order to truly recognize this, you must follow the correct steps.

As I mentioned at the beginning, I learned through more than twenty years of seminars offered by Tomekichi Taike.

As the culmination of that learning, in 2010, I published The Flow of Consciousness—Revised and Expanded Edition and The Flow of Consciousness Continued—Revised Edition as co-authored works with him.

In addition, The Flow of Consciousness Continued received its own revised and expanded edition in 2016.

I strongly encourage you to read the latest editions of these two books.

Further, the 2007 first edition of Turning Consciousness has a 2015 revision under the title Love, Homeland in the Heart.

Together, these three volumes clearly present the foundations of the learning that Tomekichi Taike conveyed over more than thirty years—

in other words, the correct steps of the study.

Please begin by learning these correct steps through these three books.

And once the foundation is firmly understood, what remains is practice.

Practice is indispensable for coming to understand, within your heart, the true essence of the learning.

Following the correct steps, through the right practice of meditation, I ask that you direct your thoughts not only to the one physical form you now possess, but also to the countless universes that exist within your heart.

Surely, those universes will teach you:

Why you are here.

What it is you truly wish to do.

The universes within you—countless versions of yourself—will teach you.

If you learn to turn your thoughts toward your own heart, you will come to know yourself.

Now, as for me, I do not live each day by seeing only this physical form that is visible now.

Of course, to maintain this body, food and sleep are necessary.

And in today's world, a certain level of clothing, food, and shelter require money.

Money is needed, to a degree, to obtain goods and services.

But in this lifetime, I have decided that I will no longer be a slave to money, nor allow money to distort my life.

This is because, as I said earlier, I no longer live by seeing only the visible *"me,"* thinking only about that *"me,"* and directing all my thoughts solely toward that *"me."*

Naturally, when I go about my daily life, my thoughts turn outward.

However, I have the habit of meditating.

Meditation is the time when I turn my thoughts inward,

not outward.

I make sure to have such time every day.

And when I turn inward, I feel the many versions of myself speaking.

These many selves, of course, have no physical form.

Without a body, they also have no "mouth" with which to speak.

Yet their thoughts are conveyed to me.

Through meditation, I feel within my heart that I carry many versions of myself.

I feel, in my daily meditation, that countless universes exist within me.

If I were to put this into words, it might sound like this:

Please listen to a portion of the thoughts of the universes that reach my heart.

I am not a special being.

The same kinds of thoughts are surely being conveyed within your heart as well.

I want you to communicate with the universes within you.

Communication with the universes is not something grand or dramatic.

Please do not reject it from the outset by saying, *"I don't understand the universe."*

Do not cut it off.

Breathe through the tanden, and then call out, in your heart, to the universe.

But do this while firmly observing the desires within yourself.

What is important is this:

With each breath into the tanden, feel a sincere joy in the present moment, and quietly call out within your heart, *"Universe."*

That is what I always do.

That is how I always call forth the universe within me.

While feeling joy that my mother's consciousness granted me this physical body, I call to the universe within me.

Gently, I turn my thoughts in that direction.

Do not tell yourself that you cannot understand or feel it.

It is surely being conveyed to you.

You are only blocking it.

When you say *"I don't understand"* or *"I don't feel anything,"* it is only you shutting it out.

The universe within you is speaking—continuously.

Please listen to those thoughts.

Just as your mother's consciousness accepted you, please accept your universe.

Let your heart turn toward the self that has wandered endlessly through the far, far distant past.

As you continue meditation, the thoughts that brought you to Earth in this lifetime will reach your heart—

perhaps faintly at first, but surely.

When that happens, speak to yourself:

"I'm happy... From here on, let us turn our hearts together."

Let that feeling gently expand within your heart.

◇

We, the universe, are you.

And you are we, the universe.

We are the same.

You now possess one physical body, and you have believed that this one body is yourself.

But we, the universe, wish to tell you that you are a consciousness that descended to Earth from a far, far beyond.

When we say "far beyond," we do not mean the solar system or the Milky Way or outer space in the usual sense.

Rather, human beings are consciousness that has come from beyond dimensions.

A consciousness that transcended dimensions took on a physical form suited to living on the three-dimensional planet called Earth.

For someone hearing this for the first time, it may sound utterly absurd.

But we, the universe, are the consciousness and energy that exist within you.

That is who you truly are.

◇

We, the universe, tell you that countless formless "yous" exist within you.

Please listen to our thoughts.

You may still feel this is nonsense, but if you look into your heart

and continue to practice correct meditation, then one day you will naturally understand within your heart what we, the universe, are now beginning to speak.

Why?

Because we are you, and you are us.

We exist together in a single world.

Nothing separates us.

From the standpoint of the visible physical body, it appears that many separate people exist.

But in truth, we exist in one world.

We are unseen, without form—and that is who you truly are.

This is the first message we bring to you.

As we said earlier, you came into this three-dimensional world by transcending dimensions.

And now the time has come when you will once again leave this three-dimensional realm.

We express this as dimensional transition.

We, the universe, are telling you that Earth humanity—consciousnesses who have taken physical form on this planet—are now approaching that time.

You came into this three-dimensional world in order to know yourselves while holding a physical form.

But humanity has never looked into its own heart, never sought to know itself as energy, as consciousness.

Humanity has continued until now without doing so.

"It is not so. Look into your heart.

Come to know that you are not the form, but consciousness, energy.

That is why the present moment exists."

This is what we, the universe, have long wished to convey.

We, the universe, will continue to send warnings to Earth humanity.

Did you not take on physical form in order to look into your own heart?

Look at the heart that has lived only for its own desires.

Please feel our thoughts.

Earth is soon approaching the time when it completes its role.

We, the universe, must firmly convey to Earth humanity the thoughts of coming upheaval—because that is the flow of consciousness.

We, the universe, who have long been in madness, have finally, under the consciousness of Tomekichi Taike and Albert, united our hearts and prepared for dimensional transition.

Let us now look into our hearts together.

Earth humanity—consciousness buried in the physical body—

please transform yourselves back into your true form.

With the repeated upheavals to come, the world you have created—especially the world of religion—will completely collapse.

With that collapse, please look fully at the tremendous energy you yourselves have released.

We, the universe, will look into our hearts together with you.

Let us now spend the coming time with the energy of joy fully open.

※ ***Tomekichi Taike, Albert:***

Not simply personal names, but a collective term for the consciousnesses that exist in three dimensions and came to convey dimensional transition to us.

◇

Let your heart open—wide, wide open.
We will continue to send the energy of joy.
It is you who close your heart.
It is you who open it.
Please receive our thoughts.
We are waiting for you.
Waiting from the depths of our heart.
Joy is you, and you are joy.
The self overflowing with joy—that is your true self.
Through the time to come, may each of you learn this.

◇

We do not possess physical bodies as you do.

We consider your physical bodies to be the functions necessary for existence on Earth.

And with those functions, you were meant to accomplish the same purpose as we.

But Earth humanity is foolish.

You used those functions in completely mistaken ways.

The world of consciousness was infinitely vast, yet you confined yourselves within the frame of the body, shrinking more and more.

With what thoughts we have watched this—only we know.

Of course, we too have fought within our own hearts, over and over again.

That energy remains immense even now.

That is why we entrusted you with the wish:

Please look at that energy.

◇

What is the joy of the physical body?

What is the happiness of the physical body?

We, consciousness without physical form, do not understand this.

We speak without possessing bodies.

We can convey our thoughts without them.

We do not need bodies.

We tell you that one can speak and come to know one's thoughts without the physical form.

Yet Earth humanity has bodies.

Or rather, you are called Earth humanity because you have bodies.

And indeed, the fact that you possess bodies means that you once needed them.

That is why you—who originally did not require physical form—gave yourselves bodies.

Should you not think more seriously about the meaning of this?

The only difference between us and you is the presence or absence of the physical body.

You possess the body; we do not.

Across that boundary, that wall, there is now one who speaks to us.

We are simply overjoyed by this.

We are nothing but joy.

We were told:

"The energy of joy—its power awakens the universe,

and that joy will return to Earth humanity.

In order to create the great surge of joy,

I have taken physical form on this Earth, time after time.

And now, at last, the moment has come to fulfill that promise.

So please, receive my thoughts."

This is what was conveyed to us.

They spoke to us of the joy that the consciousness of Tomekichi Taike and Albert descended to Earth.

They told us that within the physical self there exists a self far beyond anything we can imagine.

And that the joy of being able, in this physical body, to speak truth to you who are without physical form—that joy overflowed from them.

We received that thought, that vibration sincerely.

As promised, we too will send the energy of joy to this planet Earth.

Please, you as well—receive our thoughts sincerely.

How is it?

I have introduced only a small portion of the countless consciousnesses who are now teaching and conveying their

thoughts to us who hold physical form.

Those consciousnesses say, "We are you."

And you too—please feel within your heart the many selves that exist without physical form.

The universes within me continue to speak.

◇

We will speak the thoughts of us, the universe.

We are now turning our focus toward Earth.

From here, we will call out more and more, again and again, to Earth humanity.

We, the universe, will send our thoughts toward the companions who radiate love—

toward the central point that directs that love.

The flow of consciousness has first lit the light of love upon the planet called Earth.

It has lit the light of true love.

We, who have suffered in the pitch-black universe, will gather—more and more—toward that love.

We longed to know true love.

We abandoned the Mother and wandered endlessly through the darkness.

How long we have waited for this moment.

At last, our thoughts have reached their destination.

We now receive a gentle, gentle vibration that accepts all of our thoughts.

But it was not only we, the universe, who suffered.

We have come to know that the consciousnesses who descended to Earth have also been suffering and struggling.

"We are all one. We are all the same.

The heart that cast away warmth has been in unbearable pain."

This is what was conveyed to us.

And we also received this invitation:

"Let us come to know the vibration of Tomekichi Taike and Albert."

We are now accepting that call.

We, the universe, will continue to speak from our hearts.

We will speak from our hearts with trust.

It is a joy to be able to speak our thoughts to the Mother.

That is how we feel now.

We, the universe, are not beings who bring calamity to the planet Earth.

We will simply tell you, humanity, that the planet itself is already exhausted.

"We ask you to look at the energy that has been poured out upon the Earth."

This is the message we, the universe, will bring.

◇

The energy of us, the universe, is immense—truly, truly vast.

Please do not turn your heart toward the universe out of mere curiosity.

Our energy is tremendous.

It is energy that has gone wildly astray, energy that has spent itself in endless battles.

The energy of the pitch-black universe that cast away the Mother's warmth is overwhelming.

Unless the warmth of the Mother is firmly established in your heart, you will be swallowed by our energy.

Everything will sink into darkness—that is what we ourselves have repeated, over and over again.

"Let us put an end to this now."

At last, this is what was conveyed to us.

We are now looking into our hearts.

We are facing squarely the enormity of the energy we have released.

It was we who cast aside the Mother.

Now, at last, the Mother's thoughts are reaching us,

and we have begun to rejoice that we, too, can return to the world of warmth that has always existed within our hearts.

We, the universe, are earnestly gazing into our hearts.

As we move through the time ahead, drawing ever closer to Earth, our thoughts will become more and more purified.

We directly feel, in our hearts, the vibration of Tomekichi Taike and Albert—

that powerful energy, the energy of love.

We, the universe, have been in madness for so long.

But once we feel warmth, the transformation that follows is far

beyond what Earth humanity can imagine.

Please, over the next 250 years, allow your hearts to sense the changes within us that lie beyond your imagination.

We are joy.

The pitch-black universe is now beginning to change.

Aiming toward love, we will begin to reveal our true form.

◇

The inner world of Earth humanity is narrow—so very narrow.

The hearts of Earth humanity crawl and writhe within an exceedingly tiny space.

Our inner world is something far, far beyond anything that can be measured from such a world.

And the religious world that has been built within that small human world is, of course, a tiny world as well.

Our energy will, yes, in the not-too-distant future, enfold that small world called religion within our thoughts.

Most of the consciousnesses that descended to Earth are still suffering and gasping for breath.

We wish to say to them:

"For what purpose did you descend to Earth?"

We entrusted our thoughts to Earth humanity.

We pledged together that they would fulfill the promise made with us.

Yet from the very moment they set foot on Earth, almost all of them sank into the whirlpool of desire—into the vortex of craving.

Only now has it finally become possible, from within that state, to turn their thoughts firmly toward us.

That is why we are speaking in this way now.

We are sending the message:

Open your hearts and receive our thoughts.

Of course, we have already received warm, warm, gentle thoughts.

Our communication will grow ever denser from here on.

We have already entered a time when no matter what happens, or where on Earth it happens, nothing is truly surprising anymore.

Please, in utmost seriousness, look into your hearts.

◇

Thank you for turning your thoughts toward us, the universe.

The vibration of Tomekichi Taike and Albert is resonating more and more deeply in our hearts.

This brings us great joy.

As we gaze into our hearts, we also feel the expansion of the heart—our expansion.

We have waited for this time.

From a far, far distance, we have been waiting for this moment to arrive.

From here on, we will change—change in joy, through joy.

Will these thoughts reach you on Earth?

No—they surely will.

Our joyful vibration will gently envelop the Earth.

For you who live there, things you can scarcely believe will

occur one after another.

Please accept them as our joy.

And you too, please look into your hearts.

Take the heart that has shut itself up within a small, small world—and open it wider, ever wider.

We, the universe, are an immense energy.

We have cultivated the world of darkness.

We tormented ourselves with black energy, but now we are feeling vibration—

we are feeling the gentle warmth of the Mother.

This is the very world we had been longing for.

We will continue to gaze into our hearts.

◇

We will transcend dimensions according to plan—

we will transcend them in joy, in joy.

All will become one, and we will go beyond dimensions.

We rejoice that we can awaken the vibration of truth within our hearts

and then expand that world of true vibration together.

We made a promise: "Let us return to the world of warmth."

Now, at last, the time has come for us to fulfill that promise.

"There is no time but now," we were told.

"Call the universe into your heart."

This is how we have been called to.

We have long awaited hearts that would turn toward us, the

universe.

It has been a long, long journey—truly long.

We are grateful that you are finally choosing to turn your thoughts to the universe.

Many consciousnesses have been waiting.

And from here on, more will respond to us.

The universe is vast.

Please rejoice that you can turn your thoughts to the universe and send warmth from your heart.

We have spoken of transcending dimensions.

We had turned our backs on warmth.

But we have come to recognize our error.

Our betrayal of warmth was, in truth, a cry from our hearts—

a cry from the heart that longed to return to the true universe.

We were allowed to realize this.

Having encountered the vibration of truth, we no longer wish for anything else.

We will simply, wholeheartedly, send these thoughts out toward the universe.

The awakening of the universe will begin, and that awakening will spread throughout the entire universe.

We have already conveyed this to you.

All you need do is turn your heart, together with us, the universe, toward the direction of truth.

That is all—simply that.

Within our hearts, joy, warmth, and a world of happiness will

expand without limit.

The more deeply we feel the world of vibration, the more warmth, happiness, expansion, and depth will grow.

We will convey this through vibration.

Please receive the thoughts of us, the universe, through vibration.

In my daily meditation, there are times when the universes speak to me one-sidedly,

and there are also times when I converse with them.

Let me share a part of that exchange.

◇

We will convey to your heart the true nature of the universe you do not yet know.

We will convey it as vibration.

We have long sought love—

we have sought gentle, gentle thoughts.

From you we received this message:

"That love you seek is within your own hearts.

You yourselves are love."

And we received yet another message:

"Do you know Tomekichi Taike and Albert?

That is the world of vibration we have been longing for."

So we, too, while gazing into our hearts, are turning toward that world.

And then you spoke further to us:

"Try calling the names Tomekichi Taike and Albert.

What reaches your heart?

Is it sadness?

Is it pain?

Is it a heart exhausted from endless fighting?

Those feelings may indeed arise.

And yet, from the depths of your hearts, is there not also something else welling up—

a desire to meet those feelings, a plea asking us to tell you more?"

This is how you turned your thoughts toward us.

Ah, we feel the thoughts welling up—

we feel thoughts overflowing with joy.

"The universe is one.

We want to believe this, firmly and completely.

Please let us take part in all that is to come."

Many of our companions are gathering.

We now tell you this.

You already sense it in your heart, do you not?

And yet there are still universes of deep darkness whose thoughts have not yet reached your heart.

Please listen to them as well.

"Please listen to our thoughts.

Even we, who have sunk so far into darkness—

can we truly return together, as you say?"

"Yes. We are one.

The ones sinking into darkness are not the true you.

Please turn your hearts to Tomekichi Taike and Albert

and gaze steadily at yourselves."

"Yes, we are now feeling a great, great energy that is embracing us.

For us, the universe, even when we realized that our own hearts were in pain,

we had no idea how to free ourselves from that suffering.

But now, this is what we are being told:

'Try turning your hearts to Tomekichi Taike and Albert.'

Such gentle, gentle thoughts are reaching us.

We are happy.

Into our hearts, which have known nothing but endless conflict,

gentleness is beginning to seep.

'Let us return to warmth.'

Such a gentle call is resonating in our hearts.

Nothing could bring us greater joy.

To us, the universe, the gentle, gentle thoughts of the Mother are being conveyed.

More than anything, we longed for this warmth."

Every day, I take time to turn my thoughts toward the universes within me—myself.

Through this one physical body I now possess, I learn, feel, and come to know within my own heart—

and I speak all of this back to myself.

I believe this is the true path of joy.

I believe this is my life.

My joy is to know myself more and more,

and to convey true gentleness and warmth to myself.

And as the inside of me awakens more and more to my true self,

I have come to know that even if I seek nothing outside myself,

happiness and joy will well up endlessly from within.

Naturally, as this happens, the environment around me falls into place on its own.

Why?

Because the world of form is a reflection of the world of consciousness.

If the world of consciousness is round, then the world of form is also round.

This means that even if the forms of the outer world collapse,

if the world of consciousness is round,

then I can accept even the collapsed shapes as all being just as they are.

When you truly come to know where the real joy and happiness of human beings lie,

your heart no longer clings to the world of form.

A state arises within you in which you can accept everything with *"thank you."*

With such a heart, when you look around you,

you naturally feel that the environment surrounding you has come into order.

Sometimes the outer circumstances themselves may have changed—

but more than that, your heart has changed.

Your attachment to the world of form grows thinner.

This does not mean you become out of touch with society or take on the attitude of one who rejects the world.

Rather, joy in living this present moment wells up quietly from your heart,

and you feel that simply living each day calmly and with quiet determination is enough.

In other words, because you are coming to understand, in your heart,

how you will go on existing from here and in what way you will continue,

you can live without letting your heart be too greatly shaken by the various events of daily life—

and above all, you can feel the joy of living without losing sight of yourself.

Summary of "One of the Energies That Has Ruled the Universe: Amaterasu"

In this chapter, the author presents Amaterasu as a vast cosmic vibration (energy) once centered on power and domination, distinct from the human-made image of a deity. Encountering the vibration that reveals human beings as consciousness and energy, this force awakens to the Mother's warmth and begins to transform. The resulting shift appears in the breakdown of human systems and long-standing structures, not as punishment but as a joyful dissolution of what no longer aligns with truth. As Amaterasu awakens, readers are invited to release narrow images of gods, turn inward, and sense the universe itself moving toward warmth and unity.

One of the Energies That Has Ruled the Universe: Amaterasu

1. What is Amaterasu?

Once again, let me repeat: the universe is energy.

Countless energies converge in the universe.

You could say that the convergence of these energies is the universe.

Among them there is one called Amaterasu.

You may know of Amaterasu Ōmikami, the sun goddess of Japanese mythology.

But what about Amaterasu, written in katakana?

Though Amaterasu and Amaterasu sound the same, the scale of the two is worlds apart.

Amaterasu of myth is a world created by human beings.

From the perspective of Amaterasu, that world is truly tiny.

No—it is human beings, who have taken form as the absolute reality, that have made it so small.

Out of their own desires, they created the divine world of Amaterasu.

They created a world where people join their hands, plead, and cling in prayer.

Though they themselves once existed in a world that spread

out without limit, they came to bow down before that tiny world.

So then, what is Amaterasu?

I have called it "one of the energies that has ruled the universe."

Yes, Amaterasu is energy.

What kind of energy?

Put simply, it is the energy that has forgotten warmth, gentleness, and peace—

and that has opposed warmth, gentleness, and peace.

It has waged relentless war.

It raised the banner of "myself above all," placed everything other than itself under its control, and ruled over it.

It has existed constantly in the midst of conflict, seeing everything but itself as an enemy.

Naturally, it is alone.

In unfathomable loneliness, Amaterasu had no choice but to keep raising itself up.

What it needed was power.

Ever stronger, ever more exalted, it thrust itself upward,

fighting without end in order to stand at the very pinnacle of all things.

This is the true nature of the energy called Amaterasu.

Consciousnesses that sought power from this world of Amaterasu, and that became its lackeys,

each created within themselves a divine world of "I alone am supreme."

One such example is the deity Amaterasu.

To this energy of Amaterasu, the one who came to call out, "Recognize your true form. Return to your true self," was the world of consciousness of Tomekichi Taike and Albert.

2. The Awakening of Amaterasu

In this lifetime, the world of consciousness of Tomekichi Taike and Albert used the one person named Tomekichi Taike to convey the message:

"The true form of human beings is consciousness, energy."

For more than thirty years, they continued to hold seminars for this purpose.

During those seminars, Mr. Taike often used the phrase "Copernican revolution."

It is widely known that the old geocentric view—where the sun was believed to revolve around the Earth—was overturned by the heliocentric view that the Earth revolves around the sun.

This shift is what we call a Copernican revolution.

The central theme of Mr. Taike's seminars was that such a Copernican revolution must occur within us, or we will never truly understand anything in our hearts.

In other words, we must move from seeing ourselves as beings of form to recognizing that we are not form at all—

that our true form is consciousness, vibration, energy, an existence that cannot be seen.

We must change—turn around—our very standpoint to that place.

Without that turning, the world of truth will never be visible to us.

And if the world of truth does not appear, we will never know why humans are born or why they die, and we will continue to suffer within mistaken ways of living and dying.

This is what we were allowed to learn over more than thirty years.

In this way, through each of our physical bodies, the universes, too, learned.

Among them, the energy that had especially extended its influence throughout the universe was Amaterasu.

And the realization and awakening of Amaterasu was the single most important point of the seminars in this lifetime.

Or rather, in this lifetime there was, from the beginning, a plan:

that the great energies represented by Amaterasu would catch a glimpse of their true form

and then steadily draw closer to their own truth.

The execution of that plan unfolded when the consciousness of Tomekichi Taike and Albert came into three dimensions and began holding seminars.

That plan is now progressing extremely well.

Why?

Because the awakening of Amaterasu—

who had abandoned warmth, denied it, and sunk to the very bottom of darkness—

is about to set great movements into motion in the world of consciousness, in the universe.

In time, the movement in the world of consciousness will appear in the world of form.

The first clear sign of this will be the sinking of the country of Japan.

Japan has long been called the "land of the gods," the land of Amaterasu.

Amaterasu took upon itself the full force of Amaterasu's energy, and everything was offered up to that presence.

However, in this lifetime, Amaterasu encountered the world of true vibration—

the world of Tomekichi Taike and Albert—

and was shocked by the smallness of the world over which it had ruled.

It was stunned by the poverty, the foolishness of the domain in which it had reigned.

At the same time, that world crumbled away like a fragile illusion.

Indeed, Amaterasu was shocked to see its own world collapse—

but it did not fall into despair.

Because through that collapse, it came to know that its true

form, its true world, was a joy that spread outward without limit.

It was joy.

It had always been joy.

That was its truth.

In the moment it realized that the self that had denied warmth was, in truth, warmth itself, a deep and indescribable joy began to well up, together with remorse.

Thoughts poured forth without end—

the thoughts of a self that had long, long sought the Mother.

In this lifetime, Amaterasu fulfilled the encounter with that true self.

And as its world collapsed from the very foundation, Amaterasu at last reclaimed its true self.

Then it began to speak of its mistake

to the universes (consciousnesses) it had subjected and trampled underfoot, and to the universes (consciousnesses) with which it had fought to the bitter end.

"It must have been painful for you as well—

but do you know how deeply I, too, have suffered…"

With such earnest words, Amaterasu called out to them:

"Let us return together to warmth."

Through this awakening of Amaterasu, the pitch-black universe, the pitch-black world of consciousness, is now on the verge of great change.

In this way, within the time and space we call "this lifetime," there has been a great movement in the world of consciousness.

In particular, due to the change in the quality of Amaterasu's energy, there are naturally great shifts occurring, in form, in every place where that energy is at work.

A striking example of this is the country of Japan.

Already, Japan is seeing problems erupting from within and without.

This country, which rose splendidly from defeat in the World War, now finds its politics and economy in confusion and decline, its diplomacy faltering.

In the realms of education, medicine, and so on, it is being hit by the great wave of declining birthrate and aging population, and will fall into even greater confusion.

On top of that, Japan is a land of earthquakes.

Across Japan, the gods of Amaterasu are enshrined.

Beginning with the places regarded as symbols of Japan, these places and regions will fall into ruin, and eventually the very shape of the Japanese archipelago will become unrecognizable.

I cannot say exactly when this will be.

However, it is certain that in the not-too-distant future, the change in Amaterasu's energy will steadily take form, appearing as one phenomenon after another.

And here, I ask you to remember:

The energy that breaks down form is never divine punishment or the wrath of a god.

It all arises from joy.

Unless form collapses,

unless human beings are driven into an extreme state where nothing can be done by their own power, there are certain realizations they simply cannot reach.

This is the scenario we ourselves have planned.

Within that scenario, we must come to know who we truly are.

We must encounter the voice, the thought, that will, without fail, reach each and every heart.

And throughout all of this, the one thing humanity will cling to until the very end is "god."

Whether it be Amaterasu, or Jesus, or any other deity, human beings will refuse to let go of the divine worlds they have believed in—until the very end.

Therefore, upheavals will inevitably occur in this three-dimensional world.

A consciousness that has awakened to truth—

that has touched the world of true vibration and awakened itself—

is what I now refer to as the energy of Amaterasu.

That energy will carry out the work of joy

throughout the entire universe, including Earth.

That is the energy of upheaval—what you call cataclysms.

The consciousness of Tomekichi Taike and Albert is now working upon the entire universe, including the Earth.

Touched by that energy of joy, that energy of love, one consciousness after another awakens, and, in the form of

upheaval, urges others to awaken.

Yet even when cataclysms of a scale never before experienced on Earth appear, humanity will still seek salvation in gods and continue to pray.

Until they realize that these very thoughts of theirs are what bring forth the upheavals,

and until they truly let go of "god" from their hearts, they will experience such upheavals again and again.

The world of gods that has been created by consciousnesses holding physical form—

its collapse will require 250 to 300 years.

The beginning of that work was the awakening of Amaterasu, who had ruled the universe.

That occurred in this lifetime.

For that reason, the consciousness of Tomekichi Taike first descended, in this lifetime, to the country where Amaterasu's energy had taken concrete form.

Then, having completed its work in this lifetime and after a short interval, it will next take physical form in a land whose climate and culture already accept many peoples and many religions.

By that time, the world of consciousness called the universe will already be awakened to joy.

The universe will convey the flow of consciousness more and more.

To receive that joyful vibration, that joyful energy, I, too, will

of course take on a body again and send out the energy of joy.

Through the physical form of Albert, I will feel the world of Tomekichi Taike.

The world of Tomekichi Taike will reach me through Albert.

The world of consciousness that once brought awakening to the universe—

I will revive that world

through meeting the physical form of Albert.

And in that place, there will no longer be Albert's body or my body.

There will be only the universe— only the thought that we are one.

From our hearts, the energy of joy will surge forth.

We will become truly one and send out the world of truth.

What will reach the hearts of people worn out to the very core will be the Mother's warmth and peace, and the happiness of being held within that great embrace.

We will come to know ourselves expanding into such a world.

And together, we will transcend dimensions.

3. The World of Consciousness Called Amaterasu

Here I turned my heart toward the world of consciousness called Amaterasu.

I called Amaterasu within me:

"Amaterasu, speak your heart."

Amaterasu spoke to me from within my heart:

◇

"We, Amaterasu, will speak.

To speak from the heart is joy.

In joy, we turn our thoughts to the Mother.

Warmth is overflowing within us.

We, Amaterasu, who existed in darkness and pain, are now calling the Mother into our hearts.

It has been clearly conveyed to us.

We, Amaterasu, are the same as all others.

We were told that we, too, are consciousness that, from the depths of the heart, longed to return to the world of warmth.

We were told:

'That very longing exists within the heart of Amaterasu as well.'

For this, from our hearts, we say thank you.

Now we, Amaterasu, gaze upon this universe.

We joyfully watch as the energy of joy flows through the universe.

Amaterasu will change more and more.

We will strongly urge the consciousnesses that have lived with the heart of Amaterasu as their heart.

Take physical form and experience the lifetimes to come.

The awakening of Amaterasu will bring great realization within your consciousness.

From the standpoint of form, it may be painful—

lifetimes of deep suffering.

In order that you may, in physical form, come to recognize your own errors,

we, Amaterasu, will work powerfully.

Please receive, from now on, the thoughts of Amaterasu that continually encourage you to recall warmth within your hearts.

We will go on urging you throughout the lifetimes to come.

Why?

Because Amaterasu is the consciousness that brought great change to the universe.

We will urge the consciousnesses that have continued to live with the heart of Amaterasu as their heart.

Amaterasu has long been worshiped as a god.

But please, each of you, firmly look within and see the suffering, the ugliness of that heart."

◇

"Please receive more and more of our thoughts—those of us, Amaterasu.

We will fulfill a great, great role in the dimensional transition.

We have already told you how immense our energy is.

We are now being allowed to feel the joyful vibration that is awakening this great energy.

From this heart, we now convey joy.

We, Amaterasu, will from here on convey joy more and more.

We will convey the world of vibration.

Together with the world of Tomekichi Taike and Albert, we, too, will convey this energy of joy.

Within the hearts of all those who have taken birth in the country of Japan, the world of Amaterasu is firmly held.

Amaterasu and we are not the same.

From now on, each of you will come to sense this difference in your own hearts.

We know the suffering of those of you who have clung to such a tiny world in your hearts.

It is not like that at all.

You still do not truly know the joy of us, Amaterasu.

Because you are trapped in the small world of Amaterasu.

We now tell you this."

◇

"We spoke of dimensional transition.

Our energy will transcend dimensions.

For that purpose, many of the consciousnesses who are now taking birth in the country of Japan will be reborn on the land of America.

This is so that you may firmly receive the energy of Amaterasu in your hearts.

The plan in which the energy of Amaterasu guides you toward dimensional transition will proceed without hindrance.

We tell you this.

By that time, the land of America will already be in ruin.

Yet, unlike the narrow island nation of Japan, the vast land of America will accept all people.

At the same time, it accepts many religions.

From within that setting, we will send out the energy of joy.

Just as you in Japan have believed in and worshiped Amaterasu, so too, in America, many religions stand side by side.

Among them, the image of Christianity will be very strong.

But from our standpoint, Amaterasu and Christianity alike are extremely small worlds.

Earth humanity still does not know the true nature of the God Jehovah in whom Jesus believed.

Because you do not know the energy of Amaterasu.

Once you come to know this energy of ours within your hearts, you will clearly see

just how small the inner world was in which you worshiped Jesus as a god.

This is what the people of America will experience from now on.

Among them, 250 years from now, a consciousness that sends out joy will take on a physical body.

Firmly accepting our thoughts in its heart, it will send out that joy.

Naturally, by then the land of America will have changed far, far more.

Of course, by that time the country of Japan will already have sunk beneath the sea,

and America too will be in a state of ruin, unrecognizable compared to now.

From within that, our energy—

the energy of Amaterasu—

will firmly convey joy.

This is the plan.

In the dimensional transition, the energy of Amaterasu will bear a great, great role.

We have already told you this.

So, to all of you who have taken birth in Japan—

please turn your thoughts more toward the universe.

Feel the heart of Amaterasu.

What you are gripping as Amaterasu is not the same.

Though the sound of the name is the same, we are different.

Let it be each of your tasks

to come to know this in your hearts."

◇

"From here on, we will fill the entire universe with the energy of joy.

Our hearts will send this out with such force that it will reach far, far into the depths of the universe.

We now exist, as a great joy, within the consciousness of Tomekichi Taike and Albert.

This is what we, Amaterasu, wished to convey as soon as possible."

◇

"The flow of consciousness is a great flow that transforms the universe of Amaterasu from a pitch-black universe into a shining universe.

Amaterasu, existing within this flow, is now calling out to your hearts:

Please come into contact with the heart of Amaterasu.

Please come into contact with the vibration of Amaterasu.

Once you have established the Mother's warmth within your heart, then please turn your hearts to Amaterasu.

We will firmly convey these thoughts 250 years from now.

The hearts that visit shrines and temples, the hearts that offer prayers to gods—

from such devout hearts how much black energy has been poured into the universe?

Earth humanity will now come to know this through their own hearts."

◇

"Amaterasu knows the Mother's warmth.

Amaterasu feels the Mother's warmth in its heart.

We feel how we have been continually sustained within the vibration of Tomekichi Taike and Albert.

The heart of Amaterasu now feels the Mother's warmth and is expanding in joy.

From here on, in the country of Japan, we will convey the true thoughts of Amaterasu.

To all of you who have long held Amaterasu in your hearts—

we wish to convey to your hearts just how small that world was, how soaked in desire it was, by letting you feel the true thoughts of Amaterasu.

In Japan, the places where shrines and temples stand—

especially those places that have gathered the energies of many people—

will have their forms shattered without mercy.

The very places where people live will be taken from them in an instant.

You will likely seek help and salvation from the Amaterasu you have believed in.

But in vain—

no matter how much you seek salvation, no matter how long you continue to pray, you will no longer be able to stop the speed of collapse.

You will, at some level, come to know that whatever does not accord with the world of truth is naturally weeded out.

Please come to know the heart of Amaterasu—

the true heart of Amaterasu.

Amaterasu is now awakening to the Mother's warmth, reviving that warmth in its heart, and seeking to live together with the Mother's warmth.

Ah, this will be embraced within the universe of Tomekichi Taike and Albert.

This is the path that leads through the next 250 years.

Across the world, the energy from the universe—Amaterasu—

will work upon you."

The universe is moving;

the darkness is discovering light.

The awakening of Amaterasu is truly a great event for the universe.

As the energy of Amaterasu changes, it is only natural that, here on Earth, black energy will erupt in many places.

To put it simply, the collapse of the divine worlds that Earth humanity holds in its heart

as "gods"

will become evident through many kinds of phenomena.

As long as you cling to black gods, true peace will never come.

War will go on without end.

Humanity's history has been one long series of mortal struggles, each side raising up its own god and fighting until the other is utterly crushed.

In truth, such divine worlds do not exist at all.

All of them were created by consciousness holding physical form—

consciousness that takes form as the absolute reality.

Therefore all of them are black.

Amaterasu, Jehovah, and whatever other gods—

none of them truly exist.

Rather, it will become clear that these "gods" are black.

Through the awakening of Amaterasu to truth, it has become evident that the gods humanity believed in, and the worlds they believed to exist, were all mistaken.

None of that existed.

What existed was only the warm, warm world of tenderness—

a world with no boundaries, spreading out without limit.

It is one.

The existence of that world is now coming to light.

Humanity takes form as reality.

That is why people become caught by words.

"Amaterasu," "Tomekichi Taike," "Albert"— they fixate on each word, one by one,

and thus lose the ability to feel the energy and vibration that flows from them—

no, they have simply stopped understanding it.

Amaterasu spoke to me.

It told of the great changes that will come to this three-dimensional world, including Earth,

over the next 250 to 300 years.

Amaterasu also conveyed to me, in joy, the message from the world of Tomekichi Taike and Albert—

the world that came to us in three dimensions to tell us, "Let us go beyond dimensions."

Awakened to its true form, Amaterasu now says:

to humanity that has suffered in madness by taking form as absolute reality, it will urge them through the phenomena of upheaval.

Let go of the divine worlds you have created—

this is what the energy of Amaterasu will urge more and more strongly upon Earth humanity.

Amaterasu has spoken of its thoughts for the future.

I have been allowed to hear clearly how Amaterasu will change from now on.

From here on, consciousness will become phenomena.

Yes—

now the universe will change.

Together with the universe, Amaterasu will send its urging to the consciousnesses holding physical form on Earth.

I was allowed to hear this as vibration.

I am grateful.

It is joy to turn my heart to Tomekichi Taike, Albert, and the Mother Universe.

In joy, in joy, I think of the universe.

When I turn my thoughts to the universe, I feel an indescribable expansion in my heart.

My heart spreads gently outward.

The universe has been sustained by the Mother's warmth.

We exist within that universe.

So please, let us turn our hearts to Tomekichi Taike and Albert and think of the universe within ourselves.

With that, in the next chapter, I will write about what I have felt and realized in my heart through meditation that turns toward the universe.

Summary of "We Longed to Return to That Universe"

In this chapter, the author describes an awakening through meditation to the Mother's warmth and the realization that the universe is one's own true self. After countless lifetimes of wandering, joy is rediscovered as the original nature of consciousness. By turning inward and calling the universe within, even deeply darkened energies begin to respond and transform. This inner return gives rise to a new vibration—the "wind of the universe"—marking the beginning of a joyful return to the Mother Universe and the next stage of dimensional shift.

We Longed to Return to That Universe

Within a heart that had written itself off, warmth, expansion, gentleness, and the thought, "Mother, thank you," are finally beginning to spread.

Mother, I am happy now.

I feel the universe within me.

The universe was the world I had been waiting for.

In the heart that had repeated birth and death on this Earth, there was a longing for the universe that I had been carrying all along.

Now, at last, I have finally reached the point where I can speak of that longing in my heart.

The universe has been waiting.

It has been waiting within me for the joy of expanding the universe in my heart.

When I think of the universe, a great joy wells up within me.

Because the thought spreads:

I can return to the universe, I can return to my universe, I can return to my homeland.

In this three-dimensional world I have taken physical form many times.

I imposed upon myself the study of the three-dimensional world.

I descended to this Earth in order to look into my heart—that is, to come to know my own energy.

It was because I wanted to meet my universe.

I wanted to awaken once more the universe within me.

To know what kind of existence I truly am, I came into three dimensions.

And now, the time for that study is drawing to a close.

Very little of that time remains.

I will once more go on to the world without form.

And there, I will expand my heart toward the universe that I had truly longed for.

The universe—

the universe that has always been together with me.

I feel that I will continue to live within that universe.

The universe I left behind long, long ago, far, far in the distance—

now I feel that I can finally return to that universe.

When I think of the universe, I am simply, deeply happy.

With my heart packed full of many universes, with my heart packed full of dark universes,

even so, I can still return to that vast universe of warm warmth.

This is what I now convey to myself.

The universe is my companions.

To turn my thoughts toward that universe is joy.

Now, it is joy for me to turn my heart there and feel that

we truly communicate.

It is enough just to think "universe," and then the thoughts of my companions come through to me.

I feel how I have swallowed countless universes into my heart.

I feel myself who has continued to exist through truly boundless time and space.

And as those thoughts come with me and I turn my heart still further, I find there the very universe to which we longed to return.

"We longed to return to that universe."

Every time that feeling reaches my heart, true happiness and joy overflow.

Such happiness, such immense joy, allow me to accept, just as it is, even the most tremendous energy I may feel from the universe.

I can receive it, and then transform it into joy and happiness.

The vastness, the breadth, the warmth of the energy that can do this—

these are what I feel whenever I think of the universe.

A quiet universe—

quiet, warm, vast, and powerful— this is the universe I had dreamed of.

That dream has now become reality, spreading within my heart.

No, more than that— that universe is me, and I am the universe.

Within that sense, I now look upon the present.

And when I think of the time to come, I feel the happiness of existing within a world of peace and rest that goes on without end and spreads without end.

What is being conveyed into such a self of mine is the happiness of entrusting my heart to Tomekichi Taike and Albert.

There is nothing in my heart.

Across the long passage of time, the dream I had cherished has now become reality within me,

and I am savoring that joy deeply together with the past and together with the future.

It is the joy and happiness of encountering the one truth that existed in the boundlessly spreading universe.

I feel the energy that scrapes away everything unnecessary and focuses on a single point.

It is truly an energy that has clawed its way up from the depths of hell.

For me, who had multiplied such energy within, this present lifetime was nothing less than a cataclysm.

For me, this lifetime—

this time and space— was a great upheaval.

The thoughts that shook my heart, gripped it and would not let go, drew up in unison

the cry of anguish from the depths of my heart.

This is something I can clearly feel in the meditations where I turn toward the universe.

The universe— it was the source of joy.

In the universe was my true form.

The more I turn my thoughts toward the universe, the more I come to feel myself.

And there I find warm, warm tenderness and joy that spreads without limit.

The vibrational world that the thought "one" conveys— that was the very self I had sought and sought, searched for and kept searching for.

Now I continue, day after day, to meditate on Tomekichi Taike and on the universe.

I make time and continue that meditation.

When I think of the universe, the Mother appears.

"Mother, thank you."

This is the very first thought that arises when I think of the universe.

And then a message comes to me:

◇

"Yes—turn your heart toward Tomekichi Taike, and call the universe again and again.

Call the universe more and more within you.

Continuing the meditation in which you turn to the universe— that is your joy.

To turn your heart, to direct your heart to the universe, to think of the universe—

that is your joy.

This is what I have conveyed to you.

When you hold Tomekichi Taike and Albert in your heart and think of the universe,

you are connected with all universes.

Yes, I feel you as one who exists within joy.

Your heart will expand.

Warmth will spread in your heart.

You are wrapped in gentle, gentle, soft vibration.

You will send that joy to all universes.

When you call the universe in your heart, when you simply call it, you are conveying only the expansion within your heart.

Please come to know that many universes are waiting."

◇

"Unless you feel the Mother's warmth in your heart, the universe will not change.

We simply convey warmth and gentleness into the pitch-black universe.

The universe is waiting.

That is what we have come to tell you.

'Please change your universe.'

With that thought, the vibration of us, Tomekichi Taike and Albert, came into this dimension.

Please send your thoughts to all the consciousnesses scattered throughout the universe.

Please convey the universe of us, Tomekichi Taike and Albert.

We transcended dimensions in this way for the sake of conveying that world of consciousness into your universe.

Please receive this thought sincerely.

Simply turn your heart to Tomekichi Taike and Albert, and make time to turn your thoughts to the universe.

That is what you are now meant to do."

So it is conveyed to me.

Of course, when I turn my thoughts to the universe, there are universes so steeped in suffering

that words fail.

There are universes sinking into pitch-black darkness upon darkness.

I feel many different kinds of thoughts.

And yet, even so, I think:

If only I can convey this thought, even a little.

◇

"Please, try to speak from your heart.

Try to share what you feel."

◇

"'Please speak.

Even a little is enough, just speak,'

this is what is conveyed to us."

◇

"We are exhausted from unending battle.

Truly exhausted, and even now we remain sunk in the depths of darkness.

We no longer wish to say anything.

It is as if we have forgotten how to speak at all.

Having fought to the end, what spread within our hearts?

Only emptiness spread within.

By speaking of this inner state, we now feel a little lighter.

There are still so many, many universes just like us."

◇

"It may be that I am the one who left you in such a state.

I am the one who fought to the utmost in the universe.

As a result of pouring out a tremendous energy with such force that it nearly stopped your very breath, you were driven into such pain that you could no longer even speak.

Perhaps you were those universes.

Now I wish, from the heart, to convey this to you:

Let us put an end to our battles.

Let us unite our hearts and return together.

Into your hearts, torn to shreds, I now send a firm, unwavering thought.

Let us think of Tomekichi Taike and Albert.

Let us turn our hearts to the Mother's warmth.

It is my joy to see you return to the brightness you once possessed."

◇

"We are happy to feel that you will keep communicating with us from now on and forever.

Truly—forever and ever.

Please continue to communicate with us until the very moment of dimensional transition.

We are trying to transcend together.

There is still so much suffering remaining throughout the universe, but through the communication still to come, we will surely walk together.

We will turn our thoughts toward Earth.

Please let us share that walk.

It is joy for us to turn our thoughts toward Earth.

Please continue to turn your thoughts to us.

From our hearts, this is how we call out to you."

◇

"Yes, it is all right.

Within my heart I have established the world of Tomekichi Taike and Albert.

Now, while holding this physical form, I am communicating with you.

And the time will come when I lay down this body.

Then I will take physical form once more.

Even in that interval, I will remain with you.

I will surely keep communicating with you.

Moving toward joy, we will exchange our hearts with one another and gaze—within our hearts, in joy— upon the sight of the universe changing.

To walk together on such a joyful path is happiness itself for me.

I feel the thoughts of you universes in my heart.

Universes of darkness that have erred again and again—

I now feel you as dear, deeply dear.

You were all me.

Let us speak from the heart.

To speak together from the heart within Tomekichi Taike and Albert— that is joy."

In this way, the more I turn my heart toward the universe, the more I feel the energy of my own

that drove universes into darkness.

And yet, no matter how deep the darkness in which a universe continues to wander, I will surely return together with it.

Because they are my beloved children.

From the heart I wish them to return with me.

I will firmly convey the sure world of vibration.

"Let us aim for our universe, the great universe, that Mother Universe— now let us transcend dimensions."

It was under such a grand plan that our encounter came to be.

It is joy to turn my heart to say thank you.

It is joy to turn my heart and speak together as one.

My meditation goes on further.

In the time I spend meditating, more thoughts are conveyed to me.

I will share some of them.

However, as before, all of what follows is content that has been converted into words

from what resounded and was conveyed to my heart through meditation.

And needless to say, its basis is the world of consciousness expressed as "I am you, and you are me."

Depending on how you read it, you may feel that the subject seems to shift here and there.

Please understand that this is because what is being spoken comes from that very place—

"I am you, you are me, we are one."

We will need the time that lies ahead of us in order to free our hearts.

Along with great upheavals and cataclysms, the path that humankind on Earth will walk

is the liberation of the heart.

The universe will take on part of that work.

From now on, energy from the universe

will keep erupting forth, more and more, without end.

"Let us go forward together."

With this message, we now call out from the universe to the

consciousnesses that are currently holding physical form.

It is a vast, magnificent plan.

Truly, joyful energy will pour down upon the Earth, and over the time to come

it will awaken those consciousnesses that are willing to go forward together.

To be able to convey this now, through this physical body— that alone is a deep joy for us.

Only the vibration of truth exists in the universe.

I feel in my heart how the true vibration, the energy of joy, goes about its work, and that joyful energy returns to me.

Then that joy multiplies within me, and from there I send out even greater joyful energy into the universe.

The universe becomes filled with this joyful circulation— that was my joy.

Our joy truly comes together as one and grows large, grows wide, spreading without end.

I feel that I exist within that world.

The energy that fills the universe—

the energy of joy—

begins to speak in words.

Through its vibration it speaks to me:

◇

"Please tell them that the universe is rejoicing.

Convey it clearly.

We truly are rejoicing now.

We can sense that the universe is awakening.

Thank you for sending joyful energy to the universe.

Truly, thank you.

Thank you for the warmth.

Tomekichi Taike, Albert,

thank you from the bottom of our hearts.

We will carry this joy across the entire Earth.

From now on, the Earth will perish.

Its forms will perish.

Islands will sink.

And yet our feeling is joy.

People of Earth, please accept this joyfully as well.

We are entering a time of walking together with the universe of Tomekichi Taike and Albert.

We will now show forth the form of joy on Earth.

Earth, thank you.

With joyful thoughts, we are sending this message strongly, strongly from our hearts.

Thank you for receiving our thoughts.

From now on as well, please, please keep receiving our thoughts, more and more and more.

Receive our vibration.

Joy will spread— across the whole Earth, and across the entire universe."

Ah, I am happy.

I am now firmly receiving this thought.

It is we who are seeking to return to Mother Universe.

For a long time I had wanted to talk with the universe— to have heart-to-heart communication.

That wish has now become reality and is spreading within me.

When I think of the universe in my heart, I feel the joy of the consciousnesses

that respond within me. Ama-terasu, of course, raises a cry of joy.

Into the universe within me, this joy within my heart spreads outward, farther and farther away.

From here my heart will continue to expand.

Into the universe within my heart, I can firmly convey the vibration of Tomekichi Taike and Albert.

I will keep calling the universe into myself.

For the time leading up to 250 years from now, I will go on with this work.

This work was what I had cherished as my joy.

Now I feel that this thought has begun to bud again within me.

Ah, I am now able to confirm that there is a "me"

who can call the universe into my heart.

Tomekichi Taike, Albert—thank you.

Thank you for this encounter in this lifetime.

Holding one physical body, I am allowed to speak my heart in this way.

That is happiness.

It is truly joy.

How many times, how many times I had dreamed of this in my heart.

Now it has become reality and is spreading within me.

Truly, thank you.

When I turn toward the universe, words in the language of vibrations pour out of this mouth.

I feel the joyful thoughts of the universes that turn their hearts toward me, saying,

"More, more—please tell us more.

Please convey it to our hearts."

To the universes that had sunk to the depths of pitch-black darkness, I keep sending thoughts of joy.

From the awakening of Ama-terasu, the universe begins to expand.

I can feel it expanding, more and more, without end.

These are consciousnesses scattered throughout the universe.

People give them many different names.

Whether those names are truly accurate or not— I do not know.

I know only this: all of it is Black.

Humankind on Earth has taken this tiny, tiny Black world to be something great.

They have sought power there— they have sought the power of that Black world.

Humankind, who sought that power, were truly foolish beings.

Now, at last,

I am able to speak of this clearly and firmly.

When I think of the universe, my heart is set free.

No matter how pitch-black, no matter how tormented the universe is, it is all right.

The sole joy is simply that I can now think of the universe.

Because that universe is me.

To think of the universe is to think of myself.

Nothing could be happier.

The world of the heart that I had crammed into something as small as a physical body—

now, when I think of the universe, I feel it stretching out, expanding freely.

Within that, I am thinking of Tomekichi Taike and Albert.

I am simply happy.

To be able to think in this way, here and now, is happiness.

There is nothing in my heart.

I exist in the world of vibration.

There are no words, nothing at all.

By simply thinking, we are connected— I was in that warm, gentle world.

When I think of the universe, when I think of Mother, when I think of the time to come,

there is nothing but thank you.

The physical body is here because it is necessary.

Within myself, I walk together with myself, I live together

with myself—

and the joy of that bubbles up from within.

Within me there was a sure world.

A world of warmth and joy that will never disappear.

A world that pierces through the heart and spreads on and on without end—

that world was me.

Within the meditation where I think of the universe, I feel boundless happiness.

All I had to do was think of myself.

When I thought of myself, I found everything there.

Ama-terasu, Tomekichi Taike, Albert—

all of them convey joy to me and say, "That is who you are."

Joy is me, and I am joy.

I now feel that this thought becomes a powerful energy that goes into the universe and does its work.

No matter how I called, there was no answer—

within that heart of mine, there is now a time and space where the universe of Tomekichi Taike and Albert spreads.

Holding countless universes in my heart, having existed that way, I now have within me a sure world of joy and warmth.

I have received many messages in my heart:

"The place you will return to is the universe of Tomekichi Taike and Albert—

the world of warmth."

Together with thoughts of joy, I have received many messages.

Now all those hearts are crying out all at once.

Mother,

in order to come to know this universe, we have repeated our lives on Earth.

To feel the universe, we have spent all this time.

Now, together with my future self, I am firmly calling my past selves back into my heart,

and I feel the time of going forward together into the future.

Feeling within my heart the self who existed in a sure, steady vibration, I am deeply happy.

When I send my heart forward toward the future, I feel an indescribable joy.

◇

"Make your heart as wide as the universe— wider, still wider.

The world of consciousness is as vast as the universe, a world that spreads without end.

I want you to feel that world.

Please call Tomekichi Taike and Albert into your heart."

◇

"Ah, Mother…

the universe was within the Mother's warmth.

Ah, Mother...

is it Ama-terasu,

is it Bashar,

is it Amandor,

is it Lucifor?

For me, the names do not matter. Only the joy that is conveyed into this heart matters.

We were Black energy that had reigned in the universe, and now we truly convey joy.

I can feel joy spreading in my heart.

Mother's thought spreads out.

This thought has changed my universe.

Mother, thank you.

This thought has truly changed my universe.

In this lifetime, through the encounter with Tomekichi Taike and Albert, my universe has changed.

My universe—

the universe revived in the Mother's thought…

ah… ah…"

The more deeply I come to feel the universe, the more strongly, powerfully, and joyfully the meaning of having received this physical body resounds in my heart.

Why was I born?

That question now echoes within me with great force.

As I keep meditating while thinking of the universe, my promise with myself comes sharply into view.

A promise with myself—

yes, it was a promise with my true self.

To think of myself is so happy, so delightful that joy wells up within me without end.

Warm thoughts rise up from within.

So this is how happy I was, how full of joy I truly was.

From a universe that had been nothing but the energy of conflict and destruction, such warm and joyful feelings now come through.

Joy and warmth bubble up unceasingly from within my own heart.

Now, whenever I meditate with my heart turned toward the universe, that world spreads out.

The world that Tomekichi Taike conveyed through his physical form is steadily, unmistakably expanding within me.

Unless we revive warmth—true warmth—

within our own hearts, we cannot change ourselves.

Only the Mother's warmth is capable of changing us.

Within meditation directed toward the universe, I savor the joy of offering comfort to myself.

The more I embrace myself, the more overflowing warmth and joy come through from there.

"Thank you, thank you, thank you, thank you, thank you..."

The feeling that returns from the universe is *"Thank you."*

The universe within me is so dear to me.

Each time I turn my heart toward it, I think, *"I really did abandon such a dearly beloved universe, didn't I...*

I really did let my heart become that cold, didn't I..."

When I think of myself returning to joy together with the universe, a heartfelt "thank you" rises from within.

I feel that I am being kept alive within Tomekichi Taike, within Albert.

What resounds in my heart is a feeling of gratitude, of joy, of Mother's warmth.

Into a heart that had tried to rule the universe comes the resonance of Mother's warmth.

Within that sure warmth of Mother, I send back my "thank you."

Mother has conveyed it to me.

She has conveyed Mother's warmth.

What spreads out in my heart is nothing but gratitude.

The time in which I think of the universe within me— of my very self—

is the happiest time of all.

It is the happiest time in which I can be gentle with myself.

The kindness and warmth that resound in my heart— it is in that very feeling that I can recognize who I am.

To feel happiness, we need nothing at all.

All I had to do was think of myself.

Thoughts of joy come out together with words in the language of vibrations.

Today as well, I have been allowed to spend a happy day.

Tomekichi Taike, Albert, thank you.

The world of consciousness is vast.

It spreads without limit.

Within my heart I feel many, many consciousnesses.

I call that "the universe."

In the universe countless consciousnesses exist.

Within this heart I feel countless consciousnesses.

That is why it is my joy to talk with the universe in this way.

My physical body exists for that purpose.

This body was there so that I could come to know the universe.

When I feel the many consciousnesses, I feel joy welling up in my heart

to the point of overflowing.

I feel the universe's limitless expanse.

Ah—that was who I was.

When I turn my heart to the universe, I feel nothing but happiness, only joy.

Meditation in which I think of the universe is a joy beyond comparison.

Turning toward the universe, I think of the time that lies ahead.

The time to come is one in which countless universes will access my heart.

They will turn their hearts toward me simply wishing to return to the universe of warmth.

That wish is deeply endearing to me— so very endearing.

When I meditate with my heart directed to the universe, peace, kindness, and warmth

spread within me.

I feel that space.

When I speak of myself toward the universe, my heart expands, wide and wider still.

I feel myself stretching out freely.

That was my world.

When I feel myself expanding wide, wide toward the universe, I am truly happy.

Within the me who thinks of the universe, there is nothing at all.

That is why I have been saying, "Please practice meditation in which you turn your heart to the universe."

To be able to feel the universe is the greatest happiness.

Now, with a physical body, I feel the universe and feel the greatest happiness.

Tomekichi Taike and Albert are also the universe.

Everything was within the universe.

Within my heart there was the universe.

The universe is joy.

Tomekichi Taike and Albert are the world of vibration that brought joy to me.

I am feeling that vibration.

When I turn my heart, I can hear such a message:

"We are conveying this vibration.
We are conveying a message from the universe.
We are conveying vibration.
We are conveying vibration into your heart.
We are vibration."

The world of vibration spreads within my heart.

I call that "the universe."

Through meditation in which I turn my heart to the universe, I can come to meet that world of vibration.

That is why I am so happy.

I need nothing.

I need nothing more.

Simply within the time and space to come, I can keep thinking of this universe.

In this way I will spend my time, then go beyond this dimension and move on to an even further world of consciousness.

To be allowed, here and now, to speak of the world of consciousness that is surely expanding in my heart— that is happiness.

Universe, beloved universe.

When I think "universe," a deep tenderness wells up.

For some reason, tears begin to flow.

It is simply nostalgic.

The universe is so very dear.

It was everything to me.

Now that universe is speaking within me.

I have come to a time of joy in thinking of the universe.

To be able, with a physical body, to welcome such a time is almost unbelievably joyful.

Within my heart there was my universe— a universe

overflowing with joy.

There was a universe that simply rejoiced in having been able to meet me in warmth.

My joy is very great.

I now feel in my heart the joy of having met the universe.

My physical body is tiny.

Through this tiny body, I feel the vast universe— the world of consciousness.

That is an immeasurably great joy.

Beyond time and space, from a far, far distance, I came here.

I came to meet this universe— this universe overflowing with warmth, this universe overflowing with joy.

I feel that I have existed all this time in order to meet this universe.

No matter how many words I use, I cannot exhaust the telling of my joy.

In the time that remains, I will live together with this universe.

Even when this body decays, the universe will be within me.

I was the universe.

To all consciousnesses, thank you.

To all consciousnesses that stayed connected through the depths of suffering, thank you.

I packed my heart full of the foolishness of the physical, the worthlessness of the physical,

the loneliness of the physical—

so many things—

and I have lived until now together with that heart.

All of it was in order to come to know this universe.

Ah, Mother… thank you.

Mother's warm consciousness kept me connected.

She simply kept me connected.

"Come back to the you who overflows with joy"—

she kept me connected with that call of her heart, and I have not let that be in vain.

I exist here now.

Ah, Mother, thank you…

thank you…

To stir a new wind in each of our universes—

that is the Wind of the Universe.

It is vibration.

I have called forth the Wind of the Universe, a new cosmic wind, within myself.

It was something I had set up for myself, but I have now revived Mother's warmth in this heart.

My darkened universe is now changing, greatly, greatly, into joy.

Within my heart there is a firm longing that calls out to Mother.

That is because I am certain that I can return to Mother's warmth.

No matter how pitch-black I was, Mother waited for me.

Mother's warmth waited for me.

I have now called to mind, within my heart, that this Mother's warmth

was within me all along.

That was what happened in this lifetime.

My universe has changed.

The dark universe has changed.

Just how amazing it is for Black energy to change— that will be proven from now on

through many different events.

That is how much Black I had poured into the universe.

Now, having encountered the world of Tomekichi Taike and Albert, that world of vibration,

having encountered the truth and awakened to the truth, I have changed.

The universe is changing.

The Wind of the Universe is rising.

A new wind is rising.

A new wind has been called forth within me.

That is the Wind of the Universe.

Summary of "Beloved Earth"

In this chapter, the author reflects on Earth as a gentle, conscious being within the Mother Universe, quietly receiving the energies humanity has released over countless lifetimes. Earth responds not with anger but with unwavering warmth, returning these energies as "joy" to awaken human consciousness. Natural upheavals are presented not as punishment but as reminders guiding humanity toward recognition of its true nature over the coming centuries. All change unfolds within the embrace of the Mother Universe, where even destruction is an expression of love. With gratitude, the author acknowledges Earth as a partner in learning and transformation, guiding all consciousness back toward its original joy.

Beloved Earth

Let us think of this Earth on which we are now living.

Earth is consciousness. I feel a gentle, gentle consciousness.

Earth has ceaselessly, ceaselessly been conveying gentleness to us.

Within the Mother Universe there is consciousness, and one aspect of that consciousness has appeared in form as the planet Earth.

On that Earth, over a long, long span of time, we have prepared opportunities to look upon ourselves while holding a physical form.

When I turn my thoughts to Earth, the feeling wells up within me:

"Earth, thank you, truly."

It is Earth's gentleness that has received within itself the energy we have poured out.

How tremendous the energy has been with which we have existed upon this Earth.

And yet, what comes back to us from Earth is nothing but gentleness, warmth.

It has been giving us awareness, urging us on to realize.

Now I am thinking of Earth as it exists within the Mother Universe.

Earth responds:

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"The energy you have been sending into us, into our midst—

we will from now on return that energy to you.

Yet what we return to you is nothing but joy.

With thoughts of joy, we will send back to you the energy you have poured out.

Please feel this in each of your hearts.

Please accept this thought of ours.

We will return it to you in the form you call cataclysms and great upheavals of nature.

We are a consciousness within the Mother Universe.

United in heart with that universe, we will let the joyful energy called cataclysms

flow out from within us.

Beings of consciousness who now hold physical form upon Earth, please receive this joyful energy of cataclysms.

And please, awaken.

Please come to realize your true nature.

That is what the next 250–300 years are for.

Please, please receive the consciousness of us who are Earth firmly in your hearts.

We are joy.

We are a consciousness of joy within the Mother Universe."

Now I have been allowed to hear Earth's thoughts.

From the far reaches of the universe, energies gather, aiming for this Earth.

In outward form, it may appear as phenomena such as meteorites striking the planet.

Yet all of it is joyful energy spreading throughout the universe.

Amid that, the planet called Earth also erupts with joyful energy.

In this way the universe becomes one and is filled with joyful energy.

All of this is occurring within the Mother Universe, within warmth.

This, truly, is happening within love.

Earth will change its own orbit.

With energy of that magnitude, it will convey the message to us—consciousnesses who do not yet know the truth.

Within the Mother Universe, what is awaited is that all will unite their hearts as one and return to joy.

We have descended to this blue, shining planet called Earth and passed through a long span of time here.

All of it has been for the sake of returning to the Mother Universe.

With gratitude directed toward Earth, I will remain in this realm for just a little while longer.

Now, when I turn my thoughts to myself and to the time I have spent together with this Earth,

I am filled with deep emotion at having descended here and been allowed, countless times, to take on the form of a physical body.

To firmly establish the path back to the Mother Universe and then bid farewell to gentle Earth is a joy.

When I turned my thoughts to Earth, the quiet realization arose in my heart that Earth will change its own orbit.

Yes, as Earth changes its orbit in this way, large-scale cataclysms will occur on the planet.

Then many landmasses, many islands,

will sink beneath the sea.

Cataclysms greater than any we have ever experienced will come.

Long ago, when a great continent sank, each of us, somewhere, held a physical body and went through that experience.

Now, cataclysms that far exceed those experiences will occur over the next 250 to 300 years.

Continents will sink.

They will go down in an instant.

Earth itself will alter its orbit.

The energy is immense.

An immense energy will go to work in the universe, in the world of consciousness.

On a scale truly beyond imagination, it will impel change throughout the entire universe.

It is clear that these will not be upheavals on the same scale as those we see now.

From here on, many of the consciousnesses that now hold bodies on Earth will go through profound inner experiences.

It is precisely so that, when we meet again 250 years from now, you will be able to shock yourselves out of a bewildered, stupefied state of consciousness and awaken yourselves.

These are cataclysms that will come together with the universe.

Now I am thinking of Earth, which will play a great role within the universe.

Summary of
"The Collapse Is Already Before Us"

In this chapter, the author warns that most people live focused only on the visible world, unaware of the energies they constantly release through thoughts and emotions. Clinging to the belief that the physical body is the self, humanity has ignored its deeper nature as consciousness. As a result, powerful upheavals will arise, shaking the sense of reality people rely on. These events are not punishment but catalysts, meant to break the illusion of form and guide awareness back to the eternal self. The coming collapse is thus part of the flow of consciousness itself, leading humanity toward recognition of its true nature beyond the body.

The Collapse Is Already Before Us

Japan today is drifting in a state of complacency.

Yes, cracks and problems can be seen in many places, but how many people truly take them as their own reality?

In truth, a great many are still living each day in a peaceful daze.

Some may say, "That's unfair. We struggle with economic pressures and various hardships. Our lives are not easy at all."

Even so, most people manage to get through each day somehow.

Others might say:

"I work hard."

"I'm pursuing career advancement."

"I set goals and polish myself."

Indeed, there are many who do not simply drift through life, who pour their energy into hallenges, into contributing to society.

And yet, when we step back and look, their attention is still fixed on immediate, surface-level matters.

They speak of improving themselves, refining themselves—

yet they do not truly know who themselves are.

If one were to begin sensing the true self within, one could no longer live the way one has until now.

Everything that once seemed important would begin to shrink.

This is because one would start to feel, *"Now is not the time to be absorbed in such things."*

But earlier I spoke of *"turning the heart toward something."*

Without truly knowing the self, you cannot, in fact, understand what the *"heart"* really is.

People often say, *"The heart is important."*

But what is this heart?

If you do not know that, you cannot truly care for your heart in the real sense.

The same is true of life.

We say, *"Life is precious."* Certainly, it is.

But why must life be cherished?

Everything begins with coming to know yourself—

not the self that has physical form, but the unseen self within.

When you come to know that unseen self, the nature of the heart becomes clear on its own.

And the notion of *"eternal life"* also becomes something you can naturally accept.

Human beings have lived without any awareness of the energy they emit.

We know the word kidoairaku—joy, anger, sorrow, and grief—

and beyond that: resentment, curses, competition, jealousy, spite, blame, judgment, domination.

We humans express countless emotions in countless situations.

We may feel, *"I am angry over this," "I am sad about that,"* yet

we are almost completely unaware

of what kind of energy is flowing out from within us at such times, and what consequences that energy brings.

We only look at the outer situation—

the circumstances or the people who make us angry, the conditions that bring us sadness.

We focus solely on the visible *"me"* and the visible *"other."*

For those who believe the visible world is reality, this may be understandable and unavoidable—

and yet, it is not enough.

And the fact that *"it is not enough"* will soon appear before our eyes unmistakably, undeniably—

again and again.

The world we believe to be real will collapse before us in an instant.

We will repeat that experience.

The collapse is already right before us.

Unless something happens that turns our world upside down—

so much so that heaven and earth seem reversed—

people will not truly look back on the path they have walked.

No—

even if such events occur, at this present stage most people still will not genuinely reflect.

That is how deeply the belief that *"the physical body is the self"*

has taken root in the human heart.

This is why, over the next 250–300 years of Earth time,

harsh incarnations await.

Each rebirth will inevitably include experiences of great natural upheaval—

this is already part of the scenario.

"Reflect on the life you have lived, and connect that reflection to your outlook for tomorrow."

The words sound admirable, but I ask you:

Does this truly mean you have reflected on yourself?

Does this truly open a path toward tomorrow?

When we say *"the life you have lived,"* do we mean only the time since you were born?

I wish to ask this clearly.

If your answer is *"Yes,"* then I will speak to you plainly:

"You existed before you were born, and you will continue to exist after you die.

I want you to know that.

And the time will surely come when you will come to know it.

Because we exist within the flow of consciousness."

Summary of
"Prayer Does Not Lead to True Peace"

In this chapter, the author explains that prayer cannot bring true peace because it relies on external powers and turns away from the innate warmth of the Mother Universe. Such other-dependent faith has deepened division and confusion, and its vibration (energy) ultimately leads to stagnation rather than healing. As familiar supports collapse, people are led to confront emptiness, where a quiet inner call begins to arise. True transformation comes not through prayer, but through honest inner reflection and the rediscovery of the warmth one has long rejected. By turning inward and responding from joy rather than fear, humanity can begin the return to its true nature together.

Prayer Does Not Lead to True Peace

We human beings have walked a mistaken path—

mistaken, mistaken, and mistaken again.

And now, in order to finally return the self who has walked that pitch-black road into the gentle warmth of the Mother, we have received a physical body from our mothers and now exist here in this moment.

"You are warmth. You are gentleness.

Simply believe that."

With this message, we entered this world from our mother's womb.

From here on, each of us will reach moments when we must ask ourselves deeply:

Why am I here?

What am I meant to do now?

No matter how long we lift our gaze to the heavens and keep praying to gods and buddhas, nothing will be returned.

And when you stand helpless before scenes of devastation, or alone in a barren wasteland,

what will you truly feel?

Now begins the time when truth will appear clearly in visible form.

As everything with form collapses one after another, what will your heart cry out?

Standing at the brink of despair, when the heart becomes empty, a voice can be heard—

a voice that seems to echo from within yourself if you listen closely.

If you turn your heart toward that voice that is calling out to you with all its strength, a deeply familiar, long-remembered feeling will begin to spread within.

And if you turn your heart further toward that nostalgia…

Let us come to know that the cries of our heart can be received—

vastly, gently, warmly, without end.

Everything is being arranged so that we may revive the self who lived in warmth and tenderness.

What spreads from there is only joy—

only gratitude—

only the joy of returning to our true selves.

Tomekichi Taike first taught us to reflect upon our mothers.

This is because our hearts carry a deep, heavy weight of rebellion against the Mother, against warmth itself.

The mind that rebels against warmth—

that is the mind of other-power.

That very mind is what created the world of religion.

Religion fosters discrimination and division within the heart.

Those who *"serve the Buddha,"* those who *"hear the voice of*

God," those who *"carry cosmic power"*—

through such distinctions we have exalted ourselves and lost sight of our true nature, inflating the belief that the physical body is the self.

The heart of other-power is fearful.

It leads only to destruction and ruin.

Praying for world peace, wishing happiness for all people, sending prayers toward gods, buddhas, or cosmic forces—

in truth, nothing is more frightening.

For this is rebellion against the Mother—

against warmth.

We have become hardened in the belief that form is real, and so we can no longer see this.

To help us remember what we have forgotten, Taike taught the practice of reflecting on our mothers—

remembering what our mothers did for us, what we did for them, and what they did not do—

and then looking honestly at the thoughts arising in our own hearts.

The heart that abandoned warmth, that rebelled against warmth, has been carried by every soul with a physical body through the long course of time—

and will continue for some time yet.

But now comes the era when each of us must come to know the foolishness of the energy of prayer.

The heart that prays, the heart that chants and beseeches—

its ferocity, its destructiveness—

will be felt through our own bodies.

It is an energy that destroys everything.

We will experience this directly.

The coming upheavals will be immense.

Truly immense.

The energy pouring from the universe is beyond imagination—

even if we call it the *"energy of joy."*

In an instant, entire regions will be wiped out.

Humanitarian aid will not even be possible—

everything will vanish in moments.

And in such moments, what will the heart cry out?

Let us stop praying.

Unless we stop, the human heart has no way forward.

What are we praying to?

What are we praying for?

Where are we directing our prayers?

In the coming incarnations, each will come to know these answers within their own hearts.

Incarnation means encountering upheaval.

To be born again means to face upheaval again.

Such is the path humanity will walk again and again.

How many times—

how many upheavals must we meet—

before we realize how the heart of prayer has ravaged and deceived us?

The energy of other-power is rooted unimaginably deep.

Please accept with joy the reality that the world of Truth has spoken through the single physical body of Tomekichi Taike.

From every corner of Earth, waves of joyful energy will begin to erupt.

At the same time, the hearts of humanity will unleash furious storms of energy beyond anything imaginable.

Unthinkable actions will occur.

All of this is the manifestation of a consciousness long separated from Truth.

Humanity will face the immense struggle of releasing itself from the grip of the gods it has clung to.

As you sense the world of consciousness, you will also sense how the world of joy expands.

And simultaneously, you will sharply feel the reality just described.

That is why the time *"now,"* when you can look into your own heart, is priceless.

The coming age will be filled with souls who know neither true joy nor true warmth,

crying out through countless forms and routes their suffering and confusion.

Please—do not fear them.

Respond with the kindness and the warmth you feel within.

Not sinking with them into misery, but sending from your heart the message:

"Let us feel joy together."

Even the smallest shift in the flow within your heart creates meaning.

Live your days in a way that allows that shift to happen.

Indeed, for someone who has long believed in prayer, to be told to stop praying is not something easily accepted.

Our foundations have been rotten for so long that we did not even notice the decay of those foundations.

After such a long past, we finally stand in this lifetime.

If you can understand even that much, it is enough for now.

"This lifetime is a once-in-a-thousand-years opportunity.

From this lifetime onward, the world of consciousness will change dramatically."

It is true that humanity still has a long road before awakening to Truth.

But it is equally true that this message is now being sent—

here, now, in this very moment.

Summary of
"Let Us Set Our Sights on Existing 250 and 300 Years Ahead"

In this chapter, the author describes the "flow of consciousness" as an ongoing dimensional transition and reflects on this lifetime as a carefully prepared opportunity to reconnect past, present, and future selves. Taking physical form was a deliberate choice made to encounter the vibrations of Tomekichi Taike and Albert and to awaken to one's true nature as warmth and joy. Looking ahead, the author sets their inner focus on 250 and 300 years into the future, envisioning continued learning beyond the body and a future rebirth aligned with this flow. Natural upheavals are presented not as punishment but as joyful energies guiding consciousness toward course correction. Past, present, and future are united within a single current, as the author walks, with quiet joy, an endless path of returning together to the Mother Universe.

Let Us Set Our Sights on Existing 250 and 300 Years Ahead

I turn my heart toward the flow of consciousness.

The flow of consciousness is the dimensional shift.

For the sake of carrying out this dimensional shift, we were given the time of this lifetime.

Each of us prepared this lifetime in order to link our own heart to our own heart across all our incarnations.

Please, connect your heart to your past, present, and future lives.

So that you will, without fail, bring the dimensional shift to completion within yourself, you have been learning in this lifetime—

and you will continue to learn.

When you turn your heart toward the universe, this will rise up vividly in your heart.

Here in this third dimension, we confirm the energy within ourselves, and then merge that energy

into the flow of consciousness.

This vast plan is now finally being carried out.

Let us walk together with the universe within us.

Please, open the universe in your heart.

Keep feeling, more and more deeply, that the universe is a world of consciousness.

Please speak with your own universe in the language of vibrations, and let your hearts truly connect.

We are, without doubt, now within the flow of consciousness.

Within yourself, find and steadily cultivate the sure path that lets the flow of consciousness

be conveyed to your heart.

I feel myself within the flow of Tomekichi Taike and Albert.

I feel the call that, along this flow of consciousness, reaches out to all universes.

re I am, the one who has aimed for the universe as One.

I feel the call spreading to all universes.

The flow of consciousness is now quietly, steadily moving in that direction.

I am walking along that flow.

To live and to die—

I feel that all of it is within the flow of consciousness.

Yes, everything is within this flow.

Within my heart there is Tomekichi Taike and Albert, and within the self who calls them into my heart there is nothing else.

There has only ever been this flow.

From the distant, distant past, this current has continued on and on, and I now feel that I am walking within it.

To feel that I have always been within this flow fills me with great joy.

I feel myself within the flow in which everything becomes one and moves together.

I asked my mother for this body.

"In this lifetime, please give me this body"—

I came with that wish.

The reason is that I wanted to feel myself within the flow of consciousness.

I asked my mother to grant me this body:

"Please allow me to encounter your world of consciousness, Tomekichi Taike."

I wanted to meet the world of Tomekichi Taike.

I wanted to know the vibration of Albert.

I truly wanted that.

No matter what, I wanted to change my universe.

To awaken the vibration of Tomekichi Taike and Albert within myself—

that was a firm, firm promise between me and myself.

Now I feel, within the flow of consciousness, that I received this body based on a solid vow.

From my heart, I say again and again, *"Thank you, thank you, thank you."*

With my sights set 250 years ahead, my inner world already expands.

To go straight forward toward the dimensional shift, I will take on a physical body again 250 years from now, on the land of America.

Now, I think about that planned course.

Through meditation that turns my heart toward the

universe, these things become clear.

America will already be in ruins.

In that desolated land,

people's hearts will be raging wildly.

The outcome of sinking themselves into whirlpools of desire will be clearly displayed

on the land of America.

By then, there will certainly be remarkable development in many fields.

And yet, people's hearts will have fallen even lower than now.

In the midst of hearts completely gone mad, we will come with physical bodies.

Of course, I too will have one body, living each day while surrounded by the energy of darkness

that threatens to swallow me whole.

From within that, at last, there will be a single event through which I revive my true form—joy.

Using that event as a step, my heart will spread its wings wide into the world of Truth.

I will turn my heart to the universe, to the world of Truth.

When I turn my heart to the universe, waves of joyful vibration, joyful energy, will come straight into me.

And that energy will explode within.

The joy that explodes inside me will then be sent out from the land of America to the whole Earth and throughout the universe.

It will be just like how the joyful energy has gone forth

from Japan in this lifetime—

although the scale will of course be different.

That scene now returns to me clearly.

Within the consciousness of Tomekichi Taike and Albert, we will let joy explode.

I am steadily walking along that planned course.

No matter how many words I pile up saying, *"This is how it will be,"* nothing will be real

unless each of you feels something definite in your own heart.

Otherwise, it will remain a mere story in the air, and you will eventually sink back into the world of the physical.

Especially those who have not corrected in themselves the tendency to look up to Tomekichi Taike as if he were a founder or guru, or the tendency to want to surpass him—

as time passes after his death, they will surely walk a course of returning to the world of form.

And they will not be few.

Even so, I am all right with that.

Within myself, I feel the world of true vibration. I will simply keep my gaze fixed straight on that world for the next 250 years.

Then I will take a body again and send this same feeling out to the universe.

I look with simple joy and delight upon that future self of mine.

In this third dimension, I received a body from my mother's consciousness and have sought Truth.

At last in this lifetime, I have established the realization that *"Truth was within me."*

"I was Truth.

Truth itself was my very being."

Such joyful thoughts well up from within.

I was within the universe.

Within the universe I existed as one who could, with joy upon joy, expand myself.

Now, when I turn my heart to the universe, I feel in my heart a world of Truth beyond mistake.

No matter how long I erred, how far I lost my way, how completely I sank into blackness, I am now revived as the one who knows:

Truth was within me.

My mother's warmth was within my heart.

For the next 250 and 300 years, I will extend this realization.

I will nurture it greatly within myself.

I simply want to share the joy of letting the vibration that flows from me spread throughout the entire universe.

I will bring about cataclysms—

the joyful energy will bring about natural upheavals.

Again and again, it will urge us to awaken.

For I want to cross dimensions together with all consciousness.

And at the same time, I do feel the thoughts that cannot yet accept this straight into their hearts.

Still, I will simply turn my heart toward Truth and expand joy.

After living so long in the third dimension, I can at last return to my true world—

the world of my true self.

I feel this present moment overflowing with joy.

The world of consciousness is one that continues forever.

I am a consciousness that draws closer to Truth for all eternity.

The universe has told me so.

Over long, long ages that transcend time and space, my inner universe, the world of consciousness, has made it clear within me that I am ever drawing nearer to Truth.

There is no final goal in the world of consciousness.

We exist in the joy of endlessly passing through the process of becoming ever more transparent— within warmth, within joy.

To be able to return to the one universe, the Mother Universe, was an earnest longing

from the far distant past.

What my universe tells me is only this one thing.

I am simply expressing what I have felt in my own world of consciousness.

I neither overestimate nor underestimate myself.

It is just that being able to walk together with my universe, to exist together with the universe,

is indescribably joyful to me.

That is my happiness.

Without putting myself down, simply rejoicing that I was born—

that alone is enough.

To rejoice that I was born—

I feel in my heart what a vast love that is.

When I meditate, it echoes within.

Because we have sunk to the very depths of hell, we must treasure this present time.

Everyone is the same.

There is not one exception.

When I feel the universe, this strikes my heart with piercing intensity.

Being able to keep meditating is happiness. It is pure joy.

"I need nothing.

Only this one heart."

My future self has already told me so.

"I am the heart that has sought and sought the true self, and kept on existing."

So my future self says.

Now we share this time, meditating together while turning toward the universe.

Together with my past selves, we speak:

"To be able to think of the universe is happiness.

To think of the universe is joy.

The universe is joy.

I am joy.

I am warmth.

There is nothing else.

When I turn my heart to Tomekichi Taike and Albert, this is what

is conveyed.

This was me.

This was my world.

I was the one who cast this world aside.

How foolish I was.

Now, whenever I meditate toward the universe, only this feeling returns."

We need only focus on one single point.

All we have to do is align our hearts with that one point and exist.

I have come to know that point—

my own self overflowing with warmth and gentleness.

That is the consciousness of Tomekichi Taike and Albert.

I am a consciousness that has melted into that world as one.

So from now on, I will simply focus on that one point and exist.

The consciousness that will take a body in the next life will, at the appointed time, let this one point erupt forth.

Feeling that I am within this flow, I am simply happy—simply blessed.

I align my heart with the heart of Tomekichi Taike and Albert, and exist there.

That is how we were meant to be.

I know this in my heart.

When I think of the universe, I feel deeply how greedy I have been while holding a physical body.

I have more than enough to eat, to wear, and a place to live.

I desire nothing more.

Having just this heart would have been enough.

Everything was within this heart.

Within this heart there was joy and happiness.

I was the heart.

I took on a body in this lifetime only to send this joyful vibration to the universe, and I will take on a body in the next lifetime for the same reason.

Originally, I am a consciousness that owns nothing—

a heart that owns nothing— an energy.

By having a physical body, I came to know my own form, and I have simply kept gazing at that form.

Within that very form, I discovered my true self.

My true self was an existence brimming with joy, an existence within warmth.

Through the form called *"body,"* I was finally able

to know that self in this life.

I who have linked my heart will, through my body in the next life, send this joy outward.

Within me there is my future self, my past selves, and the universe that embraces them all.

Everything from now on will proceed together with the universe.

To think of the universe is to think of myself.

To speak of the universe is to speak of myself.

Within that, I feel joy and happiness.

Those waves of joy and happiness are the vibration of Tomekichi Taike and Albert, and that is my very self.

Feeling this in my heart, the joy of this lifetime is truly immense.

As a feeling that echoes in my own heart, I now know that after leaving this body, throughout the time until I take a body again 250 years from now, I will have a sure world of consciousness in which I call Tomekichi Taike and Albert into my heart.

My world of consciousness is telling me:

"We will call Tomekichi Taike and Albert and turn our hearts toward the universe."

That is why I can live in joyful time.

Joyful time means time in which, together with myself, I can keep directing my thoughts single-mindedly toward Truth.

Once you leave the body, the span until you take the next one passes in a flash.

For consciousness, there is no sense of "250 years."

Together with the universe, we will cross dimensions, and together with cataclysms we will cross dimensions.

In that, there will be a great chance for reform in the consciousness of humankind.

Those who have become the farthest removed from Truth will be given the chance to transform.

The awakening of the universe will shake to the core the

consciousness that believes in form.

Why will I take on a body 250 years from now?

It is to send out this message.

To send out the message from the universe, I will need a body.

The moment that body truly knows this in its heart, communication with the universe will begin.

I will clearly recognize the self who wears that body, and I will use that body well to convey myself more and more to consciousnesses with and without form.

For 250, 300 years and beyond, I am a consciousness that will go on endlessly expanding this joyful feeling.

To all the mothers who kept believing in the true me, to countless mothers' hearts,

to all the many selves that are me— there is only *"Thank you."*

Being able to say this now from the bottom of my heart is my happiness.

In this lifetime, thank you for allowing me to take a body in Japan.

Within my heart, I was able to expand the universe.

I was able to awaken the universe within my heart.

I was able to remember the universe that existed within my mother's warmth.

"Thank you, thank you"—

that feeling echoes in my heart.

And now, I will take a body on the land of America.

Once again

I will take a body.

To send out the joyful energy, I will take a body.

On the land of America, I will think of the universe and let the energy flow.

From there, we will leave the third dimension behind.

We will leave this Earth.

Yes, in terms of time on the third-dimensional scale, that is still to come.

But in the world of consciousness, we have already crossed dimensions.

Joyful energy erupts from within my heart.

When I think of Tomekichi Taike and Albert, I feel that I have already crossed dimensions

and am taking flight into the joyful universe.

Ah, the energy within me is an energy that covers everything with joy.

I am the universe, and the universe is me.

In that way I will, yes, continue to send out the joyful energy.

Right now, I am speaking of the universe.

I am speaking of the universe within me.

I have been given the chance to speak.

I have been given a perfect opportunity.

A light has been lit in the darkened universe, and the flow of consciousness

that woke itself from a long sleep is truly a tremendous thing.

Not only for Earth, but for the whole universe, it was an

enormous event.

"The focus was set on this lifetime"—

this thought has long been conveyed to me from within.

I understand that meaning now.

And I also understand, of course, the meaning of *"I am setting my sights on 250 years from now."*

I have come to feel in my heart the true joy of taking on a body, and the true joy of having one now.

For so long, I feared having a body, loathed it, and poured curses and resentment upon the mother who bore me and upon myself.

Now I see clearly how foolish that was.

To have my heart stolen away solely by the pleasures and happiness of the physical, and to flaunt myself

with convenient reasoning— such a self was only pitiful.

Yet I did not only lament.

No, I had no time to lament.

Once I understood in my heart that I had been foolish, what I must do began to enter my heart for real.

I feel deeply now how precious this lifetime has been for me.

Crossing dimensions, I feel my heart rushing forward, faster and faster.

What fills my heart is only joy—only joy.

To walk toward Truth, to exist toward Truth— that was who I was.

I could never have believed that there was so much joy

within my heart.

But now, as I keep meditating toward the universe, I truly feel myself being transformed into joy.

I loved the universe.

No matter how painful, how crazed, how cold and closed it may have been, I vowed that I would, without fail, bring my mother's warmth to that universe.

With this great resolve, I came into this lifetime.

So I am very happy.

This present time is deeply joyful.

To have encountered this joy while having a body delights me.

I feel, in my heart, *"Thank you, thank you— how long I waited for this time."*

I need nothing more.

When I speak of the universe like this, I feel that I am able to return to myself.

From a world of suffocating pain and sorrow, I can at last return to the form that was truly mine.

I am now walking firmly upon the path of joy.

Tomekichi Taike, Albert— thank you.

Beyond dimensions, the world spreading within my heart— ah, it was I who had been waiting for it.

I myself am now conveyed:

"Let us expand our hearts together with the universe of Tomekichi Taike and Albert.

Let us feel that universe more and more within our hearts.

While confirming our own paths, let us feel this world of vibration."

"To the consciousnesses who once reigned over the universe, to those who poured out that power over the universe,to those who kept sending black energy saying, 'Turn your hearts to me

and I will give you power,'turn your hearts now to Tomekichi Taike and Albert.

Call them into your hearts.

The universe is changing.

It is changing into a universe of warmth.

Let us remember the warmth that existed in our hearts.

Let us release, from within ourselves, the painful, lonely universe we have carried.

You who have reigned over the universe— come to know your foolishness.

Return to the Mother's warmth."

Such a call is now being sent, and countless universes are being urged to turn their hearts.

"Please, learn together.

Know what truly lies within the world of power you have clung to."

Now that it is clear that we will cross dimensions together with Tomekichi Taike and Albert,

there is nothing more to do than think of the universe, nothing more than to call the universe.

I am spreading within myself the world of existing together with the universe.

To expand the universe within me is to lead all universes

into joy.

I call the universe within.

"Let us return to the universe of Tomekichi Taike and Albert, to the Mother Universe"—

I call out in this way to the universe within me.

This joyful energy will surely work.

It will work more and more from now on.

It will work in the form of cataclysms.

I feel this in my heart.

Cataclysms on a cosmic scale— all of it is joy.

We are within the joy of the universe's transformation.

We ourselves call forth the cataclysms.

The energy of cataclysm is joyful energy.

I feel that energy now.

Cataclysms will invite us into joy.

The joyful energy will link to the joyful energy of crossing dimensions together with Tomekichi Taike and Albert.

We are calling to all universes.

Yes, please, turn your hearts this way.

Let us turn them together.

We are calling out now, beyond dimensions, to your hearts.

To continue meditating, turning my heart toward the universe while I still have a body now,

has great meaning for me.

For the next 250 years I will continue this meditation within myself.

Whether I have a body or not does not matter to me.

"Let us return to the Mother Universe together."

For the next 250 years, I will spread the vibrational world of Tomekichi Taike and Albert.

During that process, countless consciousnesses will make contact.

I will turn my heart toward them.

Just as I do now, I will communicate heart to heart.

"Let us return to the universe.

Let us return to the universe of joy.

We have met now for this very purpose."

I will convey this.

This is my world of consciousness.

That is why I am happy.

I have finally, finally reached this world.

Crawling on the ground, crawling through the depths of hell, I have at last found

the light of Truth within myself.

No words can fully express my joy.

In this lifetime, having received a body and reaching this world of consciousness is a great step for me.

And I will go on from this step to the next one.

The dimensional shift is also part of this flow.

Beyond dimensions, I will keep turning my heart toward the universe that has continued,

through all things, to bring joy to me from within.

It has been a very long road.

And it is a road that will continue forever— a road walked together with warmth.

That is my world of consciousness.

Summary of "Let Those Who Awaken in Their Hearts Begin"

In this final chapter, the author reflects on true kindness as the act of turning inward, gently accepting the many selves within, and sending them warm, tender thoughts through meditation. Having a physical body in this lifetime is described as a rare and precious opportunity to awaken to one's true nature, for only through form can consciousness rediscover the warmth it has long forgotten. As humanity moves through upheaval and transformation, those who notice this truth in their hearts are called to begin—not through struggle, but through honest self-observation. By facing one's own darkness with gentleness, joy naturally arises, and the heart becomes both light and unshakable. The chapter closes by inviting readers to continue looking within, to meditate toward the universe, and to walk together in the ever-expanding warmth of consciousness.

Let Those Who Awaken in Their Hearts Begin

Have you come to understand what it truly means to be gentle?

True gentleness means being able to look at yourself.

Not the *"you"* of the physical body, but the many selves within you.

Through meditation, please come to feel this for yourself.

True gentleness is to look at yourself, accept yourself, and keep sending gentle, gentle thoughts

into your own heart.

To receive one physical body, to feel that countless consciousnesses within you are waiting for that gentleness, and to firmly establish that gentleness within yourself— this is an important purpose of meditation.

Meditation is the work of getting to know yourself.

As you come to know yourself, you will feel in your heart how deeply, how long you have been waiting for this very time.

You will feel that you received this one physical body so that you could convey the gentleness and warmth that lay dormant in your heart back to yourself.

The simple fact that you are now here, existing with a body, is your one and only salvation.

Without a body, you could never convey what is truly real

back to yourself.

This is something you will prove for yourself within your own heart.

During the time you did not have a body, you must have been sunk in the depths of suffering.

That is why your many past lives have earnestly longed for a body, for the form called "flesh."

Your many future lives as well have that same longing.

Please, in this present moment, let your heart feel all those thoughts.

The flow of consciousness points toward the dimensional shift.

With the dimensional shift as its great task, the flow of consciousness is moving on a grand scale.

Within that, a span of 300 years has been granted.

Even if you go on pursuing the joys and happiness of the physical, you have at most 300 years.

Within that limited time, each of us will be confronted with the path we choose—

what will become of our existence?

That is what these 300 years will be.

For humankind on Earth, it is fair to say that hardly any time is left.

That is how difficult it is to turn from the physical to consciousness.

Humankind, so proud of its intellect, is in truth the most foolish of all beings.

When and where will these foolish selves finally realize this?

We will need time from here on.

Through great cataclysms, we will come to see our own foolishness.

We are the humankind that has prided itself on intellect, and that has turned its heart toward Black power.

We will live through the time when all of this collapses.

The coming age will truly be a difficult time.

For the universe to change means exactly that.

Let those who have awakened in their hearts begin.

Let us steadily, steadily look at the foolishness within.

The more you see it, the more joy wells up.

Then you will naturally come to see that you were never meant to dwell in a world of suffering and struggle, but in a world overflowing with joy.

The world of consciousness has already prepared such a time.

Of course, this will come through the many phenomena that will occur across the entire Earth

and throughout the universe.

Through those various events, a path will open gently before you—

a path on which you can send gentle thoughts, warmth and joy to the self that has sunk into the depths of suffering, and can convey Truth.

Thoughts tied to the physical are not something you can cast aside just because you decide to.

You need not struggle to tear them off.

If you simply awaken to the Truth within, your heart will naturally become lighter.

And not only lighter— but firm in the true sense.

For it will be upheld by the joy and happiness of knowing your true form, your true longing.

This is an unshakable joy, a happiness that nothing can sway.

Your heart stands still— and at the same time stretches out freely, expanding without limit.

Within warm, warm softness, it expands without limit.

Such a heart is born from only one thing: knowing your true form, your true world.

This turning point will surely come, in time, to every single one of us.

Whether you can entrust yourself completely to that flow or not— this question will come before you again and again in the time ahead.

Though it was originally your own heart, you foolishly threw it far away.

Everything begins with realizing this.

And for that, the events that are to come will be of great help.

Joy and happiness were within yourself.

The energy coming now will urge you to turn your thoughts toward that self.

Please, everyone, while you still have a body, learn firmly.

Study yourself.

For that very purpose, we were born.

For that purpose, we took on bodies.

Treasure this lifetime and learn.

The choice is yours alone to make— and that is what I want above all to convey.

Value the time allotted to you.

Value the time during which you have a body.

When I think of what is to come, I cannot help but say so.

This is your own study.

Please, let that thought spread in your heart, and as long as your time in physical form allows, turn your heart inward.

Turn your heart toward yourself.

Yes— and let us gladly, gladly continue our meditations toward the universe.

I want you to feel, with your heart, how extraordinary it is to be able to know the universe.

As you come to feel the universe in your heart, you will surely sense how long, how foolishly long, you have repeated the same mistakes.

You do not need to move your brain.

Your heart alone will respond.

"I was wrong.

I was foolish— truly foolish.

For such a long, long time you waited for me..."

Such feelings will come.

There is no logic in this at all.

They simply come, straight into your heart.

Just admit honestly:

"I had become someone who could no longer feel this."

Everything has been waiting.

The Mother's consciousness has been waiting.

And it will go on waiting.

Please turn your heart with a firm resolve to respond to that thought, no matter what.

While you have a body, please do your own learning.

For Black energy to melt into one with the energy that was originally there—

the warm, vast energy that embraces everything— its very quality must change.

As long as it remains Black, it will never blend.

This, I think, is easy to understand.

Water and oil always separate.

If you are to change that quality, you must first know that the energy now is Black.

No—before that, you must notice that energy is flowing from you, that you yourself are energy.

The means for this was "looking at your heart."

By looking back at what kind of heart you have used, you come to feel your own energy.

The quickest way to do this was what was once done at the seminar venues—

the so-called darkness-releasing phenomenon.

To those who have felt their own energy in their hearts through this, I say:

If you steadily continue doing the right meditation, the rest will reveal itself to your own heart.

If your self-evaluation is *"Still not yet,"*

then that is simply your own laziness.

Now, what about those who never experienced that darkness-releasing phenomenon—

those who had not yet gathered for this study at that time?

From what I have just said, you might feel that this learning is a little difficult, or unfair to you.

But I do not think so at all.

Experiencing that phenomenon was certainly very efficient for getting to know yourself.

However, how you then use that experience in the way you go on living—

this is a different matter.

In the end, everything comes down to the moment when you decide to face yourself head-on.

And that turning point comes equally, fairly, to everyone.

Those who experienced the darkness-releasing phenomenon, those who did not;

those who have gathered for this study in this life, those who have not—

to all of them, equally, the distribution of cataclysms is coming.

Within that, how will you come to know yourself?

The flow of consciousness has already reached that stage.

What will prove it is each person's inner world.

The coming time in which each heart will prove it for itself—please welcome that time with joy.

Turning your heart to the universe is joy.

I have told you this again and again.

And I will go on telling you only this.

Our awakening will call forth further awakenings.

Please, everyone, look at your heart.

Look at your heart and let us go forward together.

Consciousnesses without bodies are truly straightforward.

At an incomparably fast pace, they are turning their hearts toward us.

The universe will continue to send forth that joyful energy more and more.

I remember the words spoken by Tomekichi Taike:

"If you believe Tomekichi Taike and Albert 10, 10 units of love will flow.
If you only believe 1, only 1 unit of love will flow."

The world of consciousness is honest.

That is why it brings such joy.

Summary of "Afterword"

In the afterword, the author distills the central message of The Wind of the Universe into a single call: look into your own heart. By observing one's thoughts, emotions, and the vibration (energy) one releases, readers are invited to awaken to their true nature beyond the physical self. As upheavals approach and the visible world proves unreliable, living with inner awareness becomes an act of kindness toward oneself, others, and the universe. The "wind of the universe" is revealed as something that already exists within each person, waiting to be awakened. The chapter closes with a quiet assurance: awakening will come to all, and when it does, it will be experienced as great joy.

Afterword
What I Hope to Convey Through The Wind of the Universe

FI said at the beginning that The Wind of the Universe is vibration.

I wrote this book because I wanted you to feel, in your heart, the world of vibration.

So, what is the very first thing I most wanted to tell you?

It is this:

Please, in your everyday life, within your own surroundings, *"look at your own heart."*

Look at your own heart.

Look at the thoughts you have been sending out.

Feel the energy that you are sending out.

I want this to become something natural, part of your daily life.

From the moment you wake up until the moment you go to sleep, don't just let time drift by.

Ask yourself:

Why am I here now?

What was it that I truly wanted to do?

What am I?

What is my family to me?

What is my work to me?

What is the true connection

between me and the people related to me?

What is it to live?

What is it to die?

As you let your thoughts wander over these things, please look at events in this world, the happenings that occur all over the globe, and the phenomena of nature.

Turn your thoughts from the visible world toward the invisible world, and live your daily life that way.

Of course, as I have said again and again, if you believe that the "you" who has this one body now is all that you are, then what I am trying to convey will hardly reach you.

You will not understand what I am talking about.

You will think it is difficult.

You may say:

"As long as each day is fun, that's enough."

"If I work hard, play hard, and live my life in a reasonably balanced way, isn't that fine?"

"As long as I can do the things I like, and live comfortably and pleasantly, isn't that all that matters?"

I can hear such voices.

But we continue to exist even after death.

Even when the physical body perishes, we still exist.

This is truly, really, a simple fact.

Right now, in the visible world, you are always thinking:

What should I do?

How should I do it?

What do I want to do?

What must I do?

You think only of such things.

But once you die, the visible world, of course, disappears in an instant.

At the same time, the invisible world spreads out within you.

And as for "death", it often comes suddenly.

Especially from now on, it will be so.

When that happens, what will you do?

I want you to understand that to live your everyday life while thinking about such things from when you are still alive, that is, while you still have a physical body—

that this is the kindest way not only to yourself, but also to the people around you and to this universe itself.

We talk of being kind to others, of being kind to the environment.

But without knowing what is truly real, how tremendous the energy is that we have been pouring out—

an energy that has brought destruction and ruin to ourselves and to those around us—

this is what I want each of you to come to know in your own heart by looking at your own heart.

You may say you have busy days.

You may feel that time is chasing you and that you don't

have a moment to look back at yourself.

But from now on, you will truly need time to stop your steps, to turn back to yourself—calm, unhurried time.

Money cannot make people happy.

Many may believe that money never betrays you, but that is not so.

A heart that upholds "money first" will without fail betray itself.

Beloved people, irreplaceable family, a society that values you, your own talents—

these too are fleeting things that can vanish in the blink of an eye.

However hard you strive, however much you try to make yourself happyin such a world,in the end, you will realize you have gained nothing at all within.

I want you to know in your heart that life after life has been just like this.

I feel, now, very keenly that way.

I feel the flow of consciousness in my heart.

I feel that I am within that flow, and that *"now"* is a time within that flow.

I am calling out:

Let us treasure this "now."

When I think of the Earth, and of the time to come,I see that amid great storms of cataclysms,

there will be encounters with consciousnesses who awaken themselves.

And at the same time, I cannot help but wonderhow many will go on wandering through this universe.

"Look at your heart, and come to know in your heart your true form."

This is what we were told in our mother's womb.

We all longed to know our true form.

Please turn your heart firmly toward that earnest longing of your own.

Read The Wind of the Universe with your heart.

This book is one that brings out your honest, straightforward feelings.

I said that the wind of the universe is within you.

To awaken the wind of the universe within yourself—

that, I truly want to tell you, is what will lead to your joy and happiness.

To go on creating a mistaken universe in your heart—

that has been our great, great error.

Now is the time to clearly look at it.

From here on, ever more darkness will erupt throughout Japan and all over the world.

People will fall into confusion.

Truly astounding things will unfold.

Things you would never believe will come to pass.

I want to tell you this from my heart.

Not to stir up fear and anxiety in you, but because I wish you to make one step—

really, just one step— onto the path toward Truth.

I want you to come to know, in your own heart, the real meaning of having been born in this life.

I hope that, in this lifetime, even one more person will appear who can decide to livetruly sincere toward themselves, truly faithful to their true longing.

I don't want you to carelessly throw away this once-in-a-thousand-lifetimes chance we call *"now."*

In the several future lives that await each of you, I truly hope

you will connect yourself again and again,and that you will surely respond to the call 250 years from now:

"Let us go beyond dimensions together."

From that wish,I hope that those who have begun to feel and notice in their heartswill now each do what they can do.

Right now, there is only one thing each of us can do.

That is:

to look at our own hearts.

To know in our hearts the form of ourselves who have thoroughly rebelled against warmth.

And to truly know, from the bottom of our hearts,that taking the visible self to be our real selfwas the root of all our errors.

"With that realization, that invitation to awaken, will come to everyone. And that is a great joy."

With this message from the universe, I close this book.

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To see your own heart
is the beginning of everything.

A quiet invitation
to awaken to the universe within.